



# know the score

Ecstasy's effect on your brain can make you feel happy but could cause periods of depression and anxiety and even brain damage. Taking Ecstasy doesn't guarantee you a good time.

The long term effects
of Ecstasy are still unknown.
If you take E you're a
human guinea-pig. Even if you've
taken E before and felt
alright, that doesn't mean you'll
be O.K. the next time.

Tiny blood vessels can rupture or block. If this happens in the brain it can lead to paralysis or coma.

pure or it could be cut with all kinds of stuff. You just don't know. Even if the E is pure, that doesn't mean it's safe,

Taking E could damage your liver

and kidney

Dehydration when dancing on
Ecstasy can be another danger.
To combat this sip about
a pint of non-alcoholic liquid
an hour to replace lost
fluids. Include fruit juices
and energy drinks
to keep sodium levels up.
Remember to chill out.

Girls could be prone

to suffer from cystitis and heavier periods.

national drugs hel?line

0800 77 66 00

If you'd like more information about drugs or just a talk, give us a call free and in total confidence.

## Just Seventeen

Michael's

homegirls? Big boss Sam's

off havin' her

toenails buffed

at a swank health spa - sorry,

I mean she's a bit busy at the

mo' - so I'll be your master of ceremonies for the next few

weeks. And strewth, do we have

a celeb-studded prize salmon of an issue for you this week. We've got (deep breath) a posse

of real-life soapsters on p6, silver-

Schaech on p8, a celeb modelling

screen stud muffin Johnathon

masterclass on p14, pouting

we've got more stars than

and I'll see

ya next Wednesday.

popster Kavana on p28 and, er, Chelsea Clinton on p32. Hey,

Matthew Kelly's address book! So get your laughin' gear round this little lot

J17, 20 OFAINGE STREET, Bain Baker ● Assestant Editor 0171-957 8393 ● Editor Samah Pyper ● Serior Staff Michael Hogan ● Features Editor Samah Pyper ● Serior Staff

Wassup,

### iuicy bits

We're real-life soaper heroes! "I'm just like Tiff, me"

29 January 1997

Schaech, rattle and roll That Thing You Do's top totty Johnathon

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### win win win

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shorning glory'



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7 days of celeb schmoozing





ທ່ວ່າຮູ້ ວ່າດອ ທູອວ່ວນີ້ໄ



### Word up!

Origin: Once upon a time, ma-ers was 'matters', but gradually our friends in the south of England dropped the 't's. Definition: It's like 'bothered', only more so, and it's the best way of chiefing out someone who won't give their gob a rest. Usage: "In the current climate of political uncertainty, what d'you think of the government's health policy?" "Ma-ers."





Q: Why can't men get Mad Cow Disease? A: Because they're all pigs!

The latest girl-power giggler doing the rounds of the J17 office



### with celeb queen Ad

Some celebs just have no manners. Take ER sauce-doc George Clooney.

He was invited



was more trad, with a white wedding dress. The two then did a lap of honour on the gee-gee to celebrate

Geri: Mrs Sheen

★ The latest goss on the **Brad Pitt** and Gwyneth **Paltrow** nuptials is that it was actually

who went down on bended knee on Bradley's 33rd

Gwynnie

birthday. Go, Gwyn! ★ On a Spice tip, Ginger Geri might be famous, but her ma refuses to give up her cleaning job at Watford's Harlequin Shopping Centre. Wonder if she does her daughter's room, or makes Geri do it herself? ★ Meanwhile, rumour has it that the Spicers have got Jarvis Cocker in their sights as a possible collaborator. Jarvis? An honorary power girl? He'd have be called Old Spice! ★ Top babe Uma Thurman and actor-cumdirector-cum-novelist Ethan Hawke are said to be playing kiss-chase. All Ethan will say is, "I'm crazy about her. She's one of the most spectacular women I've ever met." Lucky old Uma. Spotted: John Hendy sporting an ankle-length padded coat in London's Covent Garden, Jade Jagger (Mick's daughter) at Goldie's Metalheadz

'What a week!' was written to the sounds of Busta Rhymes' The Coming, Nas' Street Dreams, Massive

swank lingerie shop. 'Til next week!

Attack's Blue Lines, Kenickie's In Your Car and Kavana's I Can Make You Feel Good.

club and Brookie's Susannah

Farnham choosing G-strings in a



Re-vamping the posterage in your boudoir A change is as good as a rest

### Thinsulate gloves

The boys in the J17 office insist they're the next-best thing to a girlfriend when it comes to keeping their hands warm!

### Fiery foods

You can't beat a Balti in this weather

Cheating on Jared Leto by snogging Johnathon Schaech In our dreams, that is

### **Real fires**

Toasty 'n' roasty Brad Pitt's bits rust us, we've seen 'em

### **Dani Dares**

Oh go away, you annoying woman!











# SOUP Jacqui Dixon from Brookside (aha Lisa Slack, 15)

"It's really flattering that people think I'm like Jacqui Dixon. She's strong, knows what she wants in life and works hard to get it. I'm pretty businesslike too, but I reckon I'm even more ambitious

I reckon I'm even more ambitious than Jacqui. My aim is to run my own nursery when I'm older and I normally stick to my plans.

My mates come straight to me when they need help, 'cause I tell them straight and give them good, mature advice. When my friend's nan died I was the only person she wanted to see 'cause she knew I'd be able to calm her down as I'm pretty sorted in an emergency.

Perhaps I should start charging for my help and advice – it could be another business venture!"

Lisa's advice to Jacqui "Chill out. You're always getting stressed, but making money isn't everything, y'know."



# SCHAEGH, BATTE N'ROLL

HE'S THE AMERICAN WHO MADE US WILT IN HOW TO MAKE AN AMERICAN QUILT AND NOW TOP TOTTY JOHNATHON SCHAECH'S STARRING IN '60S ROCK FLICK THAT THING YOU DO. J17 SHARED SOME QUALITY TIME WITH THE STUD MUFFIN SUPREME...

### THE LOW DOWN Name JOHNATHON SCHAECH Age 27.

Starsign Virgo.

Acting action How To Make An American Quilt, arty film Doom Generation and the even more arty The Sparrow. Now starring in That Thing You Do, about '60s popsters The Wonders. That thing he does Plays lead singing spunkster Jimmy. Fave food Spaghetti and meatballs.

What's on his stereo Rodgers and Hammerstein's soundtrack to South Pacific. What's under his bed Old girlfriends!

girlfriends!
Guy hero Tom Hanks.
Girl hero Rita Wilson
(Tom Hanks' wifey).
Last film seen The English
Patient.

He can't live without Water.
Fascinating fact He once
bleached his lush locks for a
part in a not-very-good flick.

o, Mr Schaech, there you are studying law at university, when all of a sudden you decide to become an actor. What's goin' on?

"I couldn't stand studying. I hated

having to glue myself to my books before a test. Acting was just a dream so I decided to move to California. I got an acting coach who was very inspiring and sparked it all off."

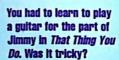
You modelled and also had a role in satellite soap *Models* 

### inc. Were you worried you'd play eye-candy for ever more?

"My character in Models Inc wasn't a model, he was a stalker. I usually play nasty guys in films and I like playing diverse characters. It wasn't a very good show but I learned a lot from it, like how to get things right on the first take – I knew I wouldn't get a second try." In your modelling shots you have a smooth chest, but in *How To Make An American Quilt* you sport some fine body hair. Did you wax your pecs?

"You mean the modelling shots

I did with Bruce Weber (snoot photographer)? I was 19 then. I've grown some hair since. I was a lot more muscular then, though!"

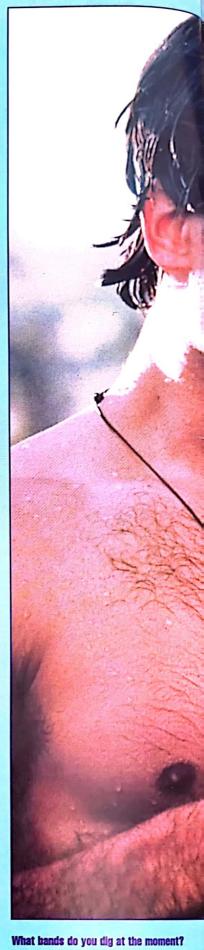


"I had to learn how to play the guitar and sing – it was like trying to rub my chest and

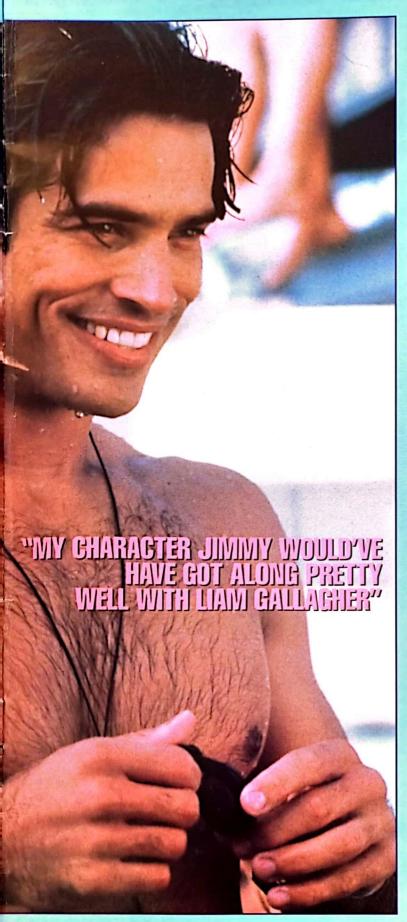
pat my head at the same time. But I worked really hard at it. You don't hear me sing in the film though, they used a computerised voice."



"John Lennon. I'd love to have been in The Beatles right from the start, although I wouldn't like to wind up getting shot like he did."



"Oasis, I love them. And I can't help thinking that Jimmy, my character in *That Thing You Do*, would have got along pretty well with Liam Gallagher!"



### You have to wear a really embarrassing sailor suit in the film. How did you feel about that?

"I think I expressed my disgust in my work! It was a blast filming the beach scene though - we rode

beach buggies all day. If anybody wanted to use their mobile phone, they had to stand on this one rock in the middle of the sea, because it was the only place they could get a decent reception. That was fun!"

### ROCKER FELL

Johnathon Schaech ain't the only totty in That Thing You Do, y'know! Take a gander at these two other specimens of spunkiness...

TOM



**EVERETT** SCOTT Plays Guy Patterson, drummer in The Wonders and sensitive

type. 26 Virgo. Any seafood. Let It Bleed by The Rolling Stones. Luggage. Tom Hanks. Rita Wilson. Vincent And Theo. Food. As a nipper, Tom was obsessed with Star Wars' Hans Solo. "I dressed up as him for five Halloweens in a row."



### STEVE ZAHN

Plays guitarist and all-round funny man Lenny. 22.

Scorpio. Swordfish steak.

Rage Against The Machine's Evil Empire. Lint.

Tom Hanks. My

girlfriend. Bottle Rockie.

Music. Played Phoebe's

hubby in



Friends. "He married Phoebe even though he was gay, then he discovered his heterosexuality."

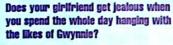
In American Quilt you wooed Winona with punnets of strawberries, while Jimmy in TTYD goes for the treat-'emmean-keep-'em-keen approach. What pulling technique works best for you?

"I've always felt you have to be honest with someone."

On screen you've snogged Winona Ryder, Gwyneth Paltrow (in new film, Kilronan) and Liv Tyler, Who was best?

"Every time I held Winona,

I knew I was working with a fragile piece of china. Liv Tyler was really spontaneous: you never knew what she'd do next. Gwyneth impressed me from the first take to the very last, she can do anything at the moment. But it wouldn't be gentlemanly for me to say more!"



"She's a make-up artist so she understands my work. Anyway,

Gwyneth's going out with Brad Pitt. If you're acting with someone, you need a rapport, so there's chemistry between your characters. But my girlfriend knows it's just a job."

Were you intimidated by the thought of working with

double Oscar winner **Tom Hanks** (who wrote, directed and starred in TTYD)?

"Yeah, 'cause Tom's one of my idols. but he

was really kind to me. Before my audition, he sat down and talked to me for about 20 minutes about Jimmy's character and helped me calm down a great deal."

### Are you as brooding as you look?

"I guess I do brood a little bit. If I'm given the chance, I won't say a word unless I like the person I'm talking to. When I'm listening intently my eyes tense up, so it looks like I'm almost squinting. Maybe that's what looks brooding!"

Just Seventeen \* 9

# bonding

Make the Teen Towers postie keel over from the sheer weight of your correspondence! Come bond with me, Woodsy, c/o 'Mail bonding', J17, PO Box 417, London WC2H 7YW. The post with the most earns a good of goodie bag.

### Star Letter Keep smilin

The article 'Doctor's rebuilt my face' (8 Jan) was so moving, I just had to write in. Jo showed such courage after her

brutal attack, that I'd like her to know how much I admire her. She says she's trying not let it alter her life, and why should it? The victim should never have to feel ashamed or self-conscious about the actions of others. So good luck for the future, Jo. L Malone, Co Antrim

 The disfigurement Jo suffered was physically and mentally painful and puts our petty trials and tribulations into perspective. To come through an attack of this nature, with such courage, is indeed an example to us all.

J17's always banging

on about how great

soccer is and how fit

the players are. What

about rugby league?

It's tough, dirty and

exciting and played

by real men. Ellery

nancy footie player.

Hanley's fitter than any



What, you'd rather stand in a half-empty stadium watching cauliflower-eared grizzlies shovin'

each other into the mud? C'mon, girlfriend, you're talking rot. Gals wanna see the glam and excitement of the sizzling Shearers and Beckhams of this world. D'you really prefer your men mud-splattered

and battered?

### **Altering edos**

I totally agree with your 'Don't go changin" feature (8 Jan). I once got into indie music to impress a lad and for a while it worked like a dream. Until, that is, him and his mates found my beloved Take That records (which of course I said I was so over) and melted them into ash trays. Not a good move. Markie's fringe, Cambridge

O Tuh! Changin' your looks and interests is not a smart way to pull and will probably get you into deep

trub when the truth comes out. I'm proud to show prospective snog partners my Gemini collection - and it's made me a happier (and, er, lonelier) person for it.

the fittest fella on the telly. I am, of course, referring to Kevin who appears on Harry Enfield's telly show. Please print a pic of this love god

### to satisfy my thirst. Kev's cap, Worcester

 A dishy treat indeed, and certainly a fella Calvin Klein will have to keep tabs on for future ad campaigns. And Perry's certainly no sidekick in the looks department. Gallaghers beware!

I think I'm talking for the whole of Newcastle when I say how sad I am that Kevin Keegan's resigned as United's manager. He took the team out of the

> third division and led them to the top. They've played the most exciting footie we've seen for ages, and have united our city in the process. Come back, Kev! Mag Pie, Gosforth

 Kevin's resignation shocked even the most cynical old football pundits, 'cause it came right out of the blue. He'll always be remembered for what he's done for the club and its city. Unless, of course, you're a Sunderland fan.

### Mailbag morsels this week included: More

praise for Kevin Keegan ★ We love Liam's bonce ★ Thank God for ER ★ Just who do those Spice Girls think they are?!

He's trendy, feisty and by far

911 fan, Warrington

break from <u>the N</u>orm J17/TWIX® PROMOTION

has teamed up with J17 to give you all a bit of M Year advice...

How many of you hit the shops when you need a break from the norm? We pounded the pavement with Twix® to ask sussed babes who or what they take on a shopping trip. The best answers got some scrummy chocolate for their words of wisdom.



Carla, 15, London

I go shopping with my best te Priscilla – she's always really truthful. But I take my mum's credit card with me for company!

I take my mum and spend her money. She's got b taste than I have, and takes me to all the cool shops and buys me all the stuff I want.

I take my best mate along, of course! I trust her to tell me when I shouldn't buy something, but sometimes she's a bit too honest for my liking!

Ceefee, 15, Amersham

Next week we wanna know how you get a break from your pesky parentals when they're nagging atcha to do things you don't 'specially want to do. 'Til next time!





You'll blame her, she'll blame you. But it's a joint responsibility, so sort it out before it's too late.

At first you couldn't understand. What does she see in him, this geeky Mr Bean-alike? Normally you both would've skedaddled right past his Royal Lankiness without a second glance, but this time she

sake. It's simply a question of loyalty. And now she's spending all her time with him and none with you.

She's probably also tried to get you together with his best mate (who resembles a prawn and has a sense of humour to match). Naturally, you find all this a



tad patronising. You're perfectly capable of finding your own snog partner, thank you very much.

Your mate's life is like the lyrics of a Peter Andre song – or so she says when she bothers to call you. Your daily goss has shrunk to a weekly ten-minute phone call. And yep, she's gonna

have to blow you out again, 'cause she's moonin' and a-spoonin' with him. Again.

### What's her story?

You contemplate telling her what's on your mind, but she's already jumped to the wrong conclusion. You're just jealous, she thinks, but when you fall in love you'll understand. Yeah, right. Your friend's well on the way to becoming an ex-friend. But before you look in the phone book for the 'Girls With Crap Mates' support group, look at it from her angle. You may be staying in for the third weekend in a row and she's still got that inane loved-up grin on her face. But though you miss her company, she's probably missing all the fun you had together.

She still has stuff she wants to talk about, if only you'd give her the time of day. She might have even got the impression that you think her boyfriend's a bozo and have deserted her.

While you can spend your time doing exactly what you want, your mate's life isn't so simple. Much of it's devoted to the difficult task of tackling Mortal Kombat

while lovingly holding hands. Whichever way she plays it (and we're not talking Sega here), you're going to see less of each other, and there's nowt she can do about that.

Unless, of course, she ditches him. This may be exactly what you want, but if she feels you're forcing her hand, then your friendship'll have problems from here on in. She'll feel resentful, you'll feel guilty, and it'll be straight down the station so the Mate Police can sort it.

So if it looks like your mate has fallen full-time for a lad, don't write her off. Everyone's tempted to throw themselves in at the deep end with a new, exciting bit of lurve interest. But hyper-intense snog

### Fellas or friends?

To the girl with the guy, we say this: if you want to have it all, there's a price to pay. Work to keep your friends happy to make up for the time you spend with him. Return their phone calls, don't break your dates with them and keep up with what's happening to 'em, 'cause you're not the only one with a life, y'know.

### Girls' night

Remember, your boyfriend won't go off at you for spending time with your friends. After all, he's got mates too. And no lad wants

# "One day this whole situation will be reversed, you'll see"

situations have a habit of burning themselves out quickly, so look on it as a chance to take a breather for a while. Get yourself some new mates, renew old allegiances, and do all those things you've always wanted to but couldn't in the past 'cause she wasn't into them.

### Time out

Don't abandon her completely and don't make her feel guilty for not spending every minute by your side. Just because she's going out with someone doesn't make her the High Priestess of Love. No doubt she'll want to discuss every aspect of her and lover-boy's relationship in full with you. Yeah, it might be boring, but that's what best mates are for. One day the sitch will be reversed, you'll see.

his lay-dee to be hanging off him 24 hours a day. Ask most lads to list the qualities of their ideal girlfriend and we bet stuff like 'independent', 'confident' and 'not clingy' will figure pretty darn high.

A girl's gotta have a raucous night out with the girls once in a while. It'll keep fella-u-like on his toes too. If you suspect he's gonna be around for a long time, let your friends get to know him so they don't get green and prickly (gooseberry-like!) in your presence.

And finally, girlfriend, don't forget to tell your friends that you appreciate them hanging in there. You can throw a stick at any nightclub and hit a bloke who'd go out with you. But a good mate is much harder to find, and it's much harder on you when they're lost.

### "I never saw Tanya on her own"

Claire, 16, and Tanya, 17, were best mates until Ben arrived on the scene. *J17* hears both sides of the story...

Claire "Tanya and I had been mates for ages. She lived near me, so we used to walk to school together and ended up hanging out all the time. Shopping, clubbing, listening to CDs – Tanya and I did everything together. We never had a dull moment, 'cause she was loads

of fun and humour-wise we were on exactly the same wavelength.

But then she started going out with a guy in her class called Ben. It happened so quickly. One minute the two of us were inseparable, the next Tanya was besotted with him. Ben was a nice guy, but the two of them spent all their free time together. When I did see Tanya, it was never on her own – she always had Ben clamped to her side and they'd end up talking more to each other than they did to me.

Soon she stopped coming out with me altogether. I felt so rejected, like she'd been using me just 'til she found a boyfriend. I confronted her, but she just said I was jealous. I wasn't, though – I just missed her being around."

Tanya "Ben was my first real love, and I was so wrapped up in the whole thing I didn't see how much it affected Claire. At first Ben and I would just see each other after school, but soon we were spending entire weekends together. I know I should've talked to Claire, but I thought it'd make things worse.

Having said that, I thought she was very unsupportive of mine and Ben's relationship. She made

no attempt to get to know him and when he did meet her, she had a right cob on. I missed her friendship but it was the old Claire I missed, not this new, sulky one. Last summer Claire thought her and I would be going away together, but I went on holiday with Ben instead. I felt a bit guilty, but she should've understood. Anyway, Ben and I broke up soon after – partly 'cause we spent too much time together! – and I was able to make it up with Claire.

I regretted we'd got our wires crossed and she understood. Now we have a brilliant laugh like before, and we're planning a holiday this year. I'm so glad I didn't lose her friendship, 'cause Ben's ancient history now!"

### **Kate Moss**

### The crime Being caught by the surprise shot

OK, so Kate, Linda, Naomi and co normally look stunning in photos, but so they damn well should. They have the help of make-up artists, hairdressers and computers, which get rid of their

wrinkles with the click of a mouse. Even when she's sounding off, Ms Moss looks as groovy as they come. But wait 'til you catch her unawares. When Johnny's girl's being quizzed by a fan (far right), she looks more vacant than an empty loo. Doh! Reformed character Back on form (right). She

J17 tip If there are likely to be photographers in the area, keep an eye on them, 'cause you never know whether they'll catch you pulling a funny face or picking your nose.





The accused

knows where the camera is and smiles sweetly.

### **Peter Andre**

### The crime Getting snapped from his worst angle

evervone has their offdays. But with the amount of practice ol' Petey has had in front of the camera, he must've noticed how big his schnozz is. So being snapped headon is not the most flattering

pose. To make things worse, the Petester seems to have just come off stage, and the caked-on orange make-up

and bump 'n' grind sweat makes him look ropier than the cargo nets on The Gladiators Eliminator. Reformed character Aah, that's

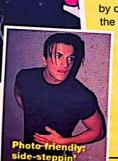
better (bottom). Pop's fave oily geezer turns his face away from the camera. giving his hooter a more delicate look. J17 tip Big noses are accentuated by dropping the chin and

facing

on. So

full-

looking up or to the side should do the trick.





The accused

### **Patsy Kensit**

The crime Looking like it's way past her bedtime



And this woman's the love of Liam's life? Shurely shome mishtake! It was obviously the end of a very big night out

for Party Patsy (left), but that's no excuse for the 'distressed sack of potatoes' look. And she's not looking much better at the Royal Variety Performance either (far left), where she's showing more gum than Wrigleys! What caused the largest

laugh in photo history? Did Patsy's date let rip in front of the Queen or summat? Whatever the reason, make sure you keep your gob shut if there's a long lens in the vicinity.

### Reformed character

By opening her eyes wide and giving out a 'look after me' vibe, the party girl's been replaced by the most cuddleworthy lass in the world (left). J17 tip Either get yer

mates to promise they won't

take any post-party pics, or buy a pair of showbiz sunnies. They'll hide even the tiredest eyes.



### **Modelling masterclass**



The accused

### Louise

### The crime Not being herself

It's hard to believe Louise could ever look less than lush, but just check out these pics (left). She's gone OTT on the make-up front - over-egged the pudding, so to speak. The shiny look is very now, but too much gloss and you end up looking like a ball o' sweat. And shooting a sultry glance from under your fringe takes practice if you don't wanna look like your hairdo's just collapsed into your eyes. Louise's obviously needs a bit of work. Reformed character Ooh, suits you, ma'am (below). Her eyes are sparkling. she's tucked her chin in and those pearly white teeth

are a dentist's dream. What a sweetie. J17 tip Leave the sultry 'ooh aren't la sex kitten?' pose well alone, unless you're doing it for a laugh. The natural look is so much more, er, you.



The accused

### Victoria Spice

The crime Indecision in the

face of a camera
Out of all the Spice

Girls, Easy V's the coolest and classiest by miles. You'd be hard-pressed to find a pic of her on an off-day. 'Til now, that is.

Oi, Posh Spice, noooooo! She's suffering from the dreaded redeye syndrome (above right), and to add insult to injury, it looks like someone's taken a bicycle pump to her chin for that bloaty look. She couldn't decide whether to go for loud 'n' lairy or wink

(left), so she went for both. The results are very, er, interesting. **Reformed character** Yup, the simpler the look, the less there is to go wrong. When she's looking

the camera and has relaxed her features, Posh Spice is as fresh and feisty as ever. Go Vicky! Go Vicky! J17 tip Hunching your shoulders will give you an odd shape and you could end up with more chin than Jimmy Hill. And as for a-poutin' and a-posin', have another look at Louise's pic and think again.

straight at



Don't Photo-Me: seven deadly ch

Look directly at the camera and let your eyes convey your mood. You don't need to put on a pose. This is a tip from the top of the supernoodle pile, dahling, so listen and learn.

photos, right?

razzi pics and

of the stars...

Never stand straight on to the camera. Stand sideways (to reduce your hips) and twist your upper half so it's facing the camera. You'll lose inches instantly – honest!

Red-eye in pics can ruin your fun, but it's also hard to avoid. Make

sure you stand well away from the lens when

you're being snapped, or get yourself a camera with an anti-red-eye device.

If you're worried about your face being a tad chubby, make sure you're below the photographer so you're looking up towards the lens. Your extra chin will magically disappear.

Know your best feature and make sure you always emphasise it. Work it, girl! Are you a streetwise sista or an altogether snootier sort? Our quiz reveals your posh potential...

You're on the hunt for a new boyfriend. What are the most important things he has to possess?

a) A platinum American Express card and a couple of Swiss bank accounts. Not to mention a pack of double-barrelled, well-connected friends.
b) A cute smile and a sense of humour. You ain't so fussed about the rest of him.
c) A wardrobe full of all the hippest threads known to man, whether they're designer labels or second-hand togs.

You spot your best mate in town 10 minutes before your rendezvous with her and she looks a bit, well, rough. What do you

do? a) Hide 'til the coast's clear, then leave before she sees you. One simply doesn't wear trackie bums to the shops, does one? b) Quietly ask her if there's anything on her mind that she wants to talk about. After all, what are best friends for? c) Feel secretly relieved, 'cause she's the one who

You're spending the weekend at one with the elements – er, that's camping – with a posse of mates. What's in yer rucksack?

outshines you most of the

time. It means you've got

who works in the hi-fi shop.

a chance with the cutie

a) Travelling light is
where it's at. You'll manage
on a couple of pairs of pants and
socks, some plasters, soap and, of
course, a sleeping bag and bed roll.

apartment next to Madonna, ner
latest squeeze and her newly-born.

by browsing in HMV checking of
some tasty tunes for the two of your
to listen to when you finally escape

b) Rucksack? You packed Mum's big suitcase on wheels 'cause you didn't know what to leave out. You've got yer best party frock just in case there's a disco in the field.

c) You won't be camping as such. You'll be staying at a swank hotel and keeping up everyone's morale by riding alongside 'em in your limo as they walk between campsites.

If you could be any girl in the world, who would you be?

a) Prince
William's

future

wife, then you could swap dress tips with your mother-in-law.
b) You're quite happy being yourself, thank you very much.

c) You'd be Spunky, the sixth Spice Girl, 'cause you've got attitood. Plus you'd get to wear loadsa snoot designer clothes on Top Of The Pops!

Your boyfriend's coming round to meet the family for the first time. How do you busy yourself the morning of his visit?

a) By tidying up your room, hiding your mum's Barry Manilow LPs and putting Dad's fave tank top in the laundry basket.

in the laundry basket.

b) There's no way he's meeting the family. You've already told him they live in tax-exile bliss in Monaco, in the apartment next to Madonna, her latest squeeze and her newly-born.

c) By browsing in HMV checking out some tasty tunes for the two of you to listen to when you finally escape

6 What's the perfect 'des res' for you?

a) A tiny cottage by the sea, with a little garden and the man of your dreams doing the weeding.
b) A spanking new detached residence on an up-market estate. You get a better quality of neighbour, dontchaknow.
c) Well, there's the chalet in Vald'Isère, the New York loft, the Cotswolds manor, the mews house in London, and the snoot private jet to flit between 'em all.

What's your most important possession?

a) All of them, schweetie. Everyone's the same underneath - so it's the labels you wear that set you apart from the crowd. b) Your Royal **Doulton** figurines collection that one day you'll

have valued on The
Antiques Roadshow.
c) Possessions are, like,
materialistic things and in
your opinion they score
low on the winners'
podium of life.

You're havin'
a party and
the world's
swankiest
designers have
offered to dress
you for nothing.
What would you wear?

a) Not bothered – whatever you'd be most comfortable in.
b) At the pre-dinner drinks, you'd wear a little Versace cocktail number plus accessories. Then you'd change into an ultra-chic Gucci trouser suit for dinner and later you'd be dancing in a flirty little slip by John Galliano.

c) Something black and lacy, with lashings of gold jewellery ladled on over the top.

### What are the scores, Lord Dawes?

1 a) 2 b) 0 c) 1 2 a) 2 b) 0 c) 1

3 a) 0 b) 1 c) 2 4 a) 2 b) 0 c) 1

5 a) 1 b) 2 c) 0 6 a) 0 b) 1 c) 2

6 a) 0 b) 1 c) 2 7 a) 2 b) 1 c) 0

8 a) 0 b) 2 c) 1

### Conclusions 0-4 Laid-back lupin

Living in luxury ain't your bag, is it? Happier in trainers and trackie bottoms than chic togs, you're more down-to-earth than a pair of lead-soled boots. But don't overdo the Sporty Spice look: a little glamour can go a long way. If it's good enough for Tiff dahn the Vic, then it's good enough for you, gel.

### 5-11 Overblown rose

At the moment you're more Hyacinth Bucket than Helena Christensen. You aspire to snootdom, but you've gotta walk it like you talk it – if that's

what you really want
or you'll get a rep as a fake.
Read the glossy mags to get

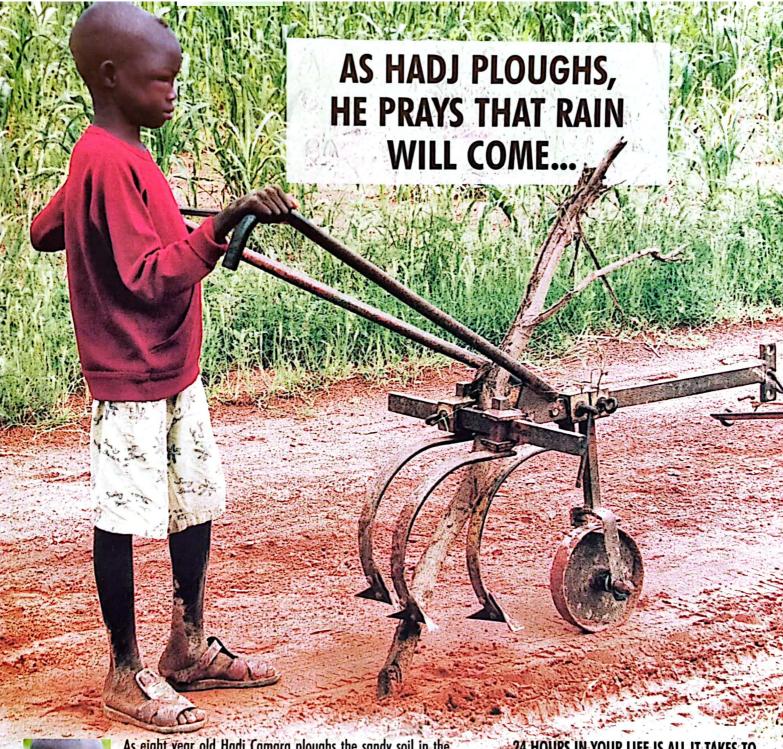
a better idea of what looks a billion bucks and what's common as muck.

### 12-16 Awesome orchid

Ooh lah-di-dah, laydee! From the tips of

your skunk-striped hair to your Hard Candied toes, you exude Eau de Snoot. But the things you feel are important, like designer knickers and Belgian chocs, ain't necessarily high on your mates' lists of priorities. So beware, 'cause prattling on about them will only alienate you from your posse. Without friends you'll never be top of the posh pile – merely a lady who lunches alone.

person: Ad Illustrations: Justyn Chan





As eight year old Hadi Camara ploughs the sandy soil in the blazing sun, he prays that the rains will come. If they don't, his family's crops won't grow. Starvation is a real threat.

In this region of Senegal in western Africa, water is life — but it can also be a killer. Many of the wells are contaminated and diseases and parasites in the drinking water kill hundreds of

people every year.

With money raised by the 24 Hour Famine, World Vision can continue to drill wells to provide drinking water for people like Hadi, and to help these families produce more and better crops.

Could you go hungry for just 24 hours to help someone like Hadj? If so, why not take part in the World Vision 24 Hour Famine on February 28th.

Send for your FREE Kit containing everything you need to take part — including a sponsor form and a special Countdown Calendar.

24 HOURS IN YOUR LIFE IS ALL IT TAKES TO GIVE SOMEONE LIKE HADJ A BETTER FUTURE.

YES, I WANT-TO HELP SOMEONE LIKE HADJ.

itle	First Name	
Mr, Mrs, Miss) Surname		. 50
Address		54
	- EN	

Date of Birth LL/LL/1.9

Return to: 24 Hour Famine, FREEPOST MK1730, Milton Keynes, MK9 3YZ. ±

Or if you live in Eire:

10 Main Street,

Donnybrook, Dublin 4



### MATCH TENICO

Lads are in trouble 'cause girls with attitood are takin' over! But are boys quaking in their boots or preparing to fight back? J17 cornered four lads to find out what's afoot...

> o whaddaya you lot reckon to Spice Girls and girl power?

Mark L "I love the Spice Girls, even though the girl power business is a bit of a joke." David "It makes them sound like they've got something to prove. Y'know, all that 'we're gonna take over the world' stuff. Yeah, right!" Mark L "It's a publicity scam."

Alex "They said Maggie Thatcher was the first Spice Girl, just to provoke a reaction." Mark L "Mind you,

I like the fact that

girls like the

completely pure - it's really '90s. And if I had a girlfriend like Geri, I wouldn't complain."

### Do you fancy feisty girls like Mel B and co?

Spicers will admit they're not

Alex "Girls like that are gonna go far and you could actually have quite a decent conversation with them. It's not like they're bimbos or anything. I like women with views." Mark P "Forward girls are miles

better than really quiet ones. But if they're bolshy and want to make all the moves, it can be embarrassing." Alex "Yeah, there'd be a limit as to how much I could take."

Mark L "I like it when girls have the confidence to make the first move. It takes the responsibility away from us blokes for a change."

### Should lads and lasses be totally equal?

Alex "To be honest, I reckon there are some double standards going on about girls being equal to boys. On the one hand girls want to have control and be treated like men. but on the other, they wanna have doors opened for them and be paid for on a date. It's not right. Anyway I'd feel bad if I didn't pay for a girl on a

night out." Mark P

it's alright

"They think

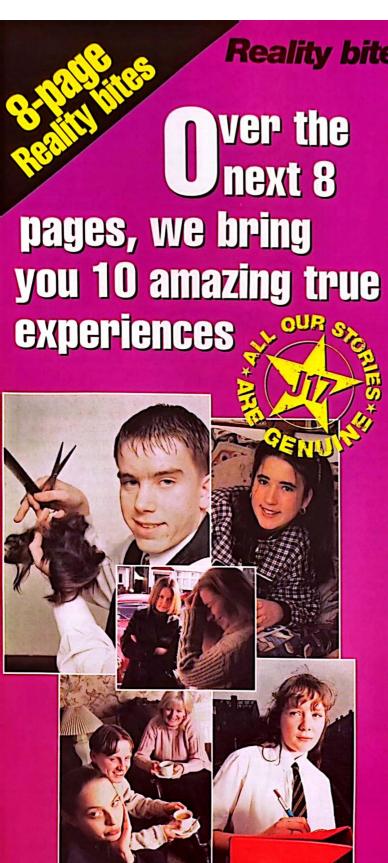
"YOU COULDN'T TURN ROUND AND PUNCH A GIRL. YOU'D BE DONE" ALEX



"I LIKE II WHEN GIRLS HAVE THE CONFIDENCE TO MAKE THE FIRST MOVE" MARK L







### Just Seventeen

**Tons of toe-curling confessions** every week

Reality bites \* Reality bites \* Reality

# Blac

### amost

Tom Goater, 13, (right) almost lost his twin brother Ed after a rollerblading accident put him in intensive care...

I d and I got rollerblades for our birthdays last year. And we're twins so we got them on the same day. At first we had a bit of a laugh watching each other fall over, but it didn't take long to get steady on them.

All our friends have blades too, so we all started rollerblading together during the summer holidays. Ed and I share the same mates and it was a good laugh to go blading around in a gang. We had all the protective gear, like elbow and knee guards, and we always wore thick jeans and sweatshirts for added padding.

### **Blade runners**

The only problem is there's nowhere you can safely blade in Basingstoke where we live. In some towns they have special areas in parks to practice in, but all we had was a Tesco carpark. We went up there after school and at weekends. We even put up ramps to jump over. It was wicked.

Then one day last November, we were skating around like we always do. At about 5.30pm we decided to go home for tea 'cause Mum gets fed up if we're late. And she didn't like us skating at the car park 'cause she thought it wasn't safe. As we all

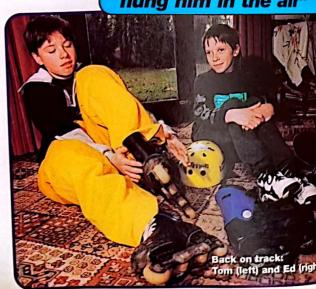
left, we skated across the road at a proper zebra crossing so the cars would have to stop for us. My friend and I went first, and once we'd reached the other side, Ed started to skate across.

### Accident horror

Just then I saw a car come off the roundabout and assumed the driver had seen Ed and would stop. But he just ploughed straight into him and flung Ed about 15 feet into the air. It all happened really quickly. First I saw Ed flying through the air, and then he was lying on the pavement. I just thought, 'Oh my god, my brother's going to die!'

I was shaking and felt sick. I ran over to Ed to check he was alright. He was in such a state. I knew I had to get an ambulance quick. The driver got out to help, and looked really shocked. The

"The car ploughed straight into Ed and flung him in the air"



### bites ★ Reality bites ★ Reality bites ★ Reality bites ★ F

crossing was right after the roundabout and I guess he just hadn't seen Ed. My mates stayed with Ed while I rang for an ambulance from

a phone box.

I tried not to panic, as I knew we

his eyes, his first words were, 'Where's Tom?"" had to get help fast. Then I rang mum. She got very upset and began

something like this would happen. Ed was rushed to hospital, unconscious. As the accident only happened round the corner from our house, Mum ran over and came along in the ambulance with us. It was awful not knowing whether or not Ed would make it. I was really worried because he wasn't speaking or moving at all.

crying. She said she'd known

### At death's door

Ed was taken to North Hants Hospital to start off with, but was then transferred to another because his condition was so bad. He had a serious head injury and the doctors decided to operate on a blood clot in his brain. They kept him sedated on drugs during and after the op, so he was 'asleep' for three weeks.

Mum and I stayed by his bedside all the time, waiting for a sign of life or some movement, but the doctors told us to expect the worst. They even asked us to prepare ourselves for the possibility of turning his life support machine off. It was a horrible idea, but we didn't know if he was going to pull through.

Ed had to have a tracheotomy where they make a special hole in your throat - to help him breathe, and was gradually weaned off his sedation. Eventually he came off his life support machine and

Tom kitted out and ready for action "When Ed opened

> started improving. When Ed opened his eyes, after three weeks, his first words were, 'Where's Tom?' It was an amazing feeling and we were all so relieved. I knew

then he'd pull through.

Two weeks afterwards they let Ed out of the hospital. It felt incredible. I'd thought my twin was going to die and now he was coming home.

I just couldn't believe it. Mum was over the moon as well, but we both knew he still had quite a lot of recovering to do.

Ed looks physically unchanged, but his eyesight's suffered and he's got some short-term memory problems. He's back at home now recuperating, but hasn't gone back to school yet. Mind you, at least he's up and walking again.

Maybe it's a twin thing, but the accident has brought Ed and me even closer together. When he's sad I feel sad and when he's happy I feel good too. I've been out rollerblading since the accident. but Ed's not interested anymore.

It feels weird with Ed not being there. I was a bit shaky on the blades to start off with, but it didn't take long to start skating again. I tried to carry on as normal and couldn't just stop because of the accident.

### Campaign for change

Thinking about the accident makes me mad. We didn't consider prosecuting the driver 'cause we were more concerned about Ed and were just so thankful he survived. But Mum and I are now campaigning to get a safer place for local kids to rollerblade.

If there were proper places to skate, maybe this wouldn't have happened. A grant's been given for a rollerpark across town, but nowhere near our neighbourhood. We've been talking to the local papers and hopefully the publicity will make people realise that kids need somewhere safe to go. What happened to my brother must never happen again."

### Reality bites \* Reality bites \* Reality bites \* Reality

# "I'm a jackpot Will Crackpot"

Kelly Braddon, 14, (right) begged her family to rip up the ticket when they won £1.6 million National Lottery...

ver since the National
Lottery started my parents
have bought a ticket
religiously every week. They've
been married for 21 years and have
never been well off. Dad spent long
hours driving oil tankers while Mum
worked as a pub waitress to
support me, my brother Ricky, 21,
and sister Nicole, four.

But even though we haven't been loaded, there's always been lots of love to go around and I've never wanted for anything.

### We're winners!

I never really agreed with my parents doing the Lottery 'cause I worried that if we won it might change us. Dad always said he knew we'd win, but he just didn't know when. Every Saturday night after the draw, he'd say, 'Maybe next week we'll get the jackpot.'

Then one Sunday night, last September, Dad, Nicole and I were watching TV while Mum was at work. For the first time, my parents hadn't watched the Lottery live the night before, so Dad checked our numbers on Teletext. 'We've won a tenner!' he said. Then, 'We've got four numbers.' Suddenly he jumped up in the air and screamed 'We've won! We've won the

Lottery!' before he ran out to the toilet to be sick.

I was so shocked I couldn't stop rechecking the numbers. By then, Dad was going loopy, running around the living room screaming with excitement.

But I was distraught. An overwhelming fear enveloped me and I burst into tears. All I knew was that I didn't

want the money, and I begged him to rip up the ticket. Dad looked at me as though I'd gone mad, 'cause I was sobbing uncontrollably.



I imagined us in the future, having lost all our closeness. Every day you read about families being torn apart by money and it terrified me. I could only see a greedy family which cared for no-one but

> themselves – my lovely, down-to-earth family replaced by an ugly substitute.

When Dad rang the Lottery company they said we'd get £1.6 million 'cause ours was the only winning ticket. Then he called Mum at work, but she slammed the phone down in disbelief! An hour later, she rushed home and almost fainted when she

realised that we were millionaires! I was still very upset because I thought I'd lose all my friends too if we accepted the money.

the Lottery!' before running

out to the toilet to be sick"

That night none of us slept a wink, but while everyone else lay awake wondering how to spend the money, I cried into my pillow for hours.

The next day I rang my best friend Lindsey and told her the news. I was terrified she wouldn't want to know me any more but she was thrilled. She imagined I'd become different but I explained that money would never change me.

### In the spotlight

When we went to pick up the cheque in London, I was still in a daze. Mum and Dad had their picture taken with a dummy cheque but I didn't pose in case I started crying again! I was glad when the day was over 'cause I hate being in the limelight.

I was dreading going to school in case everyone stared and asked

questions, but my friends treated me normally. They all congratulated me and nobody seems jealous.

I've settled down now, but my views will never change. Mum and I have had long chats about it and she made me realise that money can be enjoyed, rather than feared.



Since then she's bought me some nice clothes and a CD player which I'm very grateful for. So far, we've been on holiday to Cyprus, bought new cars and moved house. Mum and Dad have given up their jobs too, but we haven't changed as people.

I haven't asked for anything for myself. As far as I'm concerned the win is for a rainy day 'cause I was brought up to appreciate the value of money. Mum wants a cottage in the countryside and she says when we do she'll buy me a pony, which would be fantastic. I can't wait to treat my friends too. But one thing's for sure – the moment I think the money has ruined my family, I'll leave home!"





### tes ★ Reality bites ★ Reality bites ★ Reality bites ★ R

# "I gave Liam his ing glory"

Scott Minshull, 16, (right) got the shock of his life when Oasis's main man walked into his Macclesfield barbers shop...

few days before Christmas, I was working with my uncle in our shop, The Traditional Barbers in Macclesfield, when a silver Jaguar pulled up outside. When Liam Gallagher jumped out I was gobsmacked. He was with his brother Paul and made straight for our shop.

My uncle didn't have a clue who he was, so I stuttered, 'That's Liam Gallagher from Oasis!' Liam whipped off his white beanie hat and said, 'Give it a shave all over!' I finished off the customer I was working on, then started on Liam.

He asked for a 'number three' cut a skinhead short back and sides. so I said I'd give him a 'number four' first, and shave it more if he wanted. Eventually I said, 'You're Liam Gallagher, aren't you?' He laughed and said, 'Yes, just get on with it!'

### Slides away

I wasn't nervous 'cause I've been cutting hair since I was 13. But I felt like I was in a total dream, and was worried about how Liam would react. After all, he could have walked into any posh London salon haircut for ten times the price but he'd picked mine!

Liam was dead down-to-earth, just like a normal lad. We chatted away, and he said he was heading back to London after visiting friends in Manchester. I asked how the band was going, and he said, 'Fine', but I didn't want to push it. I don't talk about haircuts when I go out so I wouldn't expect him to talk shop in his spare time either. Besides, I wanted to make him feel at home.

### Wonderbald

When I'd finished, Liam looked a lot better 'cause the cut really suited his face shape. Luckily he seemed pleased too. Afterwards he signed an autograph for me and said, 'Cheers very much!' Then he pulled out a big wad of money and handed over a tenner. The haircut only cost £4.50 but he said, 'Keep it mate, you're alright.' I gasped, 'Cheers very much Liam!'

It was only when I sat down after he'd left and an Oasis song came on the radio - that the shock hit me. It was so weird! When I told the next customer that I'd just cut Liam's hair he said, 'You wanna save that hair mate!' But

I said, 'It's alright. I've swept it up and locked it in the safe!'

I kept the tenner to frame. with a lock of hair and the autograph. My fiancée's pregnant, and I'll give it to the baby when he or she is 18 - Oasis will be like The Beatles by then.

I had no idea what a fuss the media would make of my haircut, but they're calling it 'the crop of the year'. I guess it's 'cause Liam hadn't had his hair cut for so long, then out of the blue it was all shorn off. I've been on TV and had paparazzi

chasing me, so I can understand how the press does Liam's head in.

just like a normal lad"

I made £3,000 for selling my story and the rest of the hair to a paper. They're giving it away as a competition prize. I bought a stereo and a pram with the money, plus some Oasis CDs. I was into them before, but if I could say one thing to Liam now it would be, 'Scott Minshull thinks you're a top man!

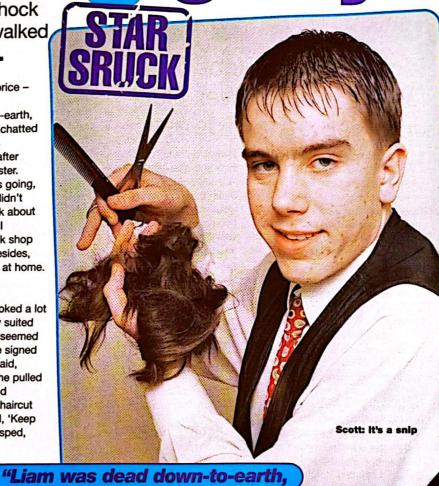
### Feeling superbarnet

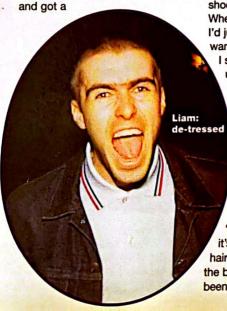
Apparently Liam said, 'Tell him to make as much out of it as he can. He's sound.' In a way I wish I hadn't sold the hair - in the future it'll probably be worth even more! My girl mates are all dead jealous that I got my hands on Liam, and

I could definitely pull with this day my baby's born. And if it's a boy we'll call him Liam.

Cutting Liam's hair has really put the shop on the map too. We've had crowds of Oasis groupies from as far away as America requesting the 'famous' cut. I felt proud when I saw the copycat shave Noel got at a flash London salon too, 'cause I think mine was loads better!

For me it's like winning the lottery. Of all the barber's in this country he walked into mine! My uncle has worked in the trade for years without ever doing a celeb - I've been at it for three and I've done Liam!"





story, but I've already got a fiancée! It's funny 'cause I'd been growing my hair long like Liam's, but now I'm planning to shave it just like his the

Just Seventeen # 23

eality bites \* Reality bites \* Reality bites \* Reality

# "From Triend

Vicky, 14, thought best friends were forever. But Julie had other ideas...

ulie had been my best mate since our first day at junior school. Everywhere I went, Julie followed. 'Vicky and her shadow,' the teachers said. We shared all our secrets and I thought nothing could come between us.

So when we started senior school we were delighted to be put in the same class. 'It wouldn't be the same without you, Vik,' said Julie. But we soon made new friends independently. I started going round with a really nice girl called Marie, and although Julie and I still saw each other, we began drifting apart a bit.

### Green-eved monster

My 13th birthday was the same week as Marie's so we decided to have a big party together at my house. A friend mentioned that Julie seemed jealous about the party, but I didn't take her seriously. After all, she was one of the first people I'd invited.

Loads of cool boys turned up and the party was brill - until I heard a huge crash. The new CD player I'd got for my birthday lay broken on the floor. I burst into tears and it spoilt the party for me.

Later on, I overheard two girls talking. 'Did you see Julie shove Vicky's CD player over?' said

one. 'What a bitch!' The other said, 'Are you sure? I thought they were mates.' I couldn't believe Julie would do that to me.

But back at school, people started whispering about me and one girl, Sarah, was really sarky. I found out that Julie was saying I'd got off with Sarah's boyfriend

at my party. What did she think she was doing?

Luckily I convinced Sarah the rumours were crap, but when I confronted Julie it was like she'd turned into some kind of psycho! 'I'm so sorry!' she sobbed. 'I'm jealous of Marie and feel so left out. Please be my friend again.' We talked for hours and I felt guilty that she thought we were ignoring her. After that, the three of us hung out together more.

### **Bloody revenge**

But one Saturday, Marie and I went into town together which infuriated Julie. 'You're leaving me out again!' she shouted. And later that week when we were changing for gym, Marie suddenly screamed. Her sock was soaked with blood 'cause someone had put an open Swiss army

"You're leaving me out again!" Julie shouted

knife inside her trainer.

That's when Julie sobbed, 'I didn't mean to hurt anyone. I just wanted to teach Marie not to take my friends away.' Marie had to go to hospital for a tetanus injection

and Julie left school for a week.

Julie's now seeing a counsellor, who reckons it'd help if I talked to Julie sometimes to show that I don't hate her. But I could never be best friends again 'cause I couldn't stand a repeat of her weird jealousy. Besides, how can I risk putting my other mates in danger?"



### tes ★ Reality bites ★ Reality bites ★ Reality bites ★ R

Everybody needs good neighbours and Stacey Smith, 12, is one of the best...

live on a council estate called Eastlands in Blackley, Manchester, with my mum, my twin sister Carla and my older brother John. We've lived here for five years and in the last two it's become really rough.

The local taxi drivers call it 'Mini Beirut' 'cause the crime rate's so horrendous. Every other day a house is set on fire and there's always a burnt-out car on the field nearby. Last month there were seven robberies and an old man's house opposite us was set alight while he was sleeping.

we want to know all the devilish details.

Mum's so scared of us being burgled that she refuses to leave the house empty. We're always indoors by 8.30pm, but we've still had trouble. One day Carla was set on by a gang of boys who pushed a burning rag down her back. Luckily she was only slightly burnt. And recently I was outside the local shop when a woman claimed I spat at her. She pushed me against the wall and started kicking me, leaving me badly bruised. Both times the police said there was nothing they could do.

There's only one shop left on the estate and every few weeks the

front window is ram-raided by stolen cars. Even the young kids are into vandalism and the joke here is, 'There's no drugs problem - you can get them anywhere!'

I think it's unfair for people to exist like this. So when a teacher told us about the Manchester City Council competition 'My Estate In The Year 2000', I was full of ideas.

### **Design for life**

I made a plan of the estate as it is now and as I thought it should be. My biggest objection was that the flats behind our house are being pulled down to build a motorway link. I suggested there should be a park with a youth club instead. There's so much trouble here 'cause there's nothing for young people to do. We need green play areas, not more concrete.

I also planned a row of shops with anti-vandal bars on the windows. If the estate was a nicer place to live, people might behave differently. Ideally a swimming pool and cinema would help too. I don't think the estate's architect thought its design through at all. Our houses are joined in narrow, badlylit alleys which are a mugger's paradise. In my design, each row



"The crime rate's so bad, the taxi drivers call it 'Mini Beirut"

> of houses is separate so burglaries and muggings would be less likely and fires wouldn't spread so easily.

Then I was told I'd won first prize in the competition and £50 worth of WH Smith vouchers! Mum was really proud of me and my plan is on show in Blackley Housing Office. But the best prize would be for my ideas to be put into practice. I know it's unlikely, but hopefully when I'm an architect I'll do it myself!"



eality bites \* Reality bites \* Reality bites \* Reality b

# 'My boyfrien's marriage marriage and the second sec

**Gill, 18,** thought her and childhood sweetheart Tony were the perfect couple – until he became **crazy about her...** 

hen I was a little girl I used to dream about wearing a white, frilly dress and walking down the aisle to marry my Tony. Our mums became friends when we were three, and I can still remember the two of us playing in the sandpit together, squabbling over buckets and spades! We lived near each other and went to the same school.

We were just mates at first, but by the time I was 12 I was dying for him to ask me out and spent many lessons fantasising about being his girlfriend, not just 'good, old Gill'.

### From mates to dates

But when I was 14, his friend John blurted out in the school canteen, 'Look, Gill. Tony wants to know if you'll go out with him?' Choking on my pie, I spluttered, 'Y-yes!'

Later, I told Tony the good news and snogged his face off. It was brill! My family were pleased 'cause Tony was my boyfriend and best friend rolled into one.

For two years, our relationship was fab. We saw each other about four nights a week and everyone called us the perfect couple because we were so in love. My friends were dead jealous and I thought we'd be together forever. We were always there for each other, like when Tony was gutted over his parents' divorce.

Then, just before my 16th birthday, Tony asked, 'How do you fancy getting married one day?' I thought he was just messing around and replied, 'Sure... one day!' I thought he meant way ahead in the future. Little did I know he meant it.

On my birthday, Tony treated me to a meal in a posh restaurant, with candles and a red rose on the table. I was dead excited. 'It's so romantic!' I said, kissing him.

Tony was acting a bit strangely, but I put it down to the place being so swanky. But suddenly he produced a little box from his pocket and snapped it open. Inside was a gold ring. 'We've always planned to get married, so why wait?' he babbled, 'I think we should get engaged for six months and then just do it!'

### **Unwelcome proposal**

I just sat there speechless. I was in love with Tony, but hadn't even considered getting engaged, let alone being his wife. We were only 16 and never imagined he was serious. Taking a deep breath, I said, 'It's too soon, Tone. I really love you, but we've got to finish school and get decent jobs before we even think about marriage. What's the rush?'

'I understand,' Tony said, shoving the ring back in his pocket. He was a bit quiet, so I did my best to reassure him that I loved him. But at the same time I couldn't help feeling uneasy. Tony seemed to be taking my childhood dream too far, too quickly.

After that Tony wouldn't drop the subject. Every time I saw him, he'd say, 'Just tell me why you don't want to marry me if

"Everything would be alright if only we got engaged,' he sobbed"

you love me so much.'
I couldn't understand why he
was so desperate to take such a
mega step. Maybe he craved
security because his parents had
split up, but he drove us apart too.

I got sick of him droning on about marriage and always changed the subject. He wouldn't mention it for a few days and I'd think things had

got back to normal, but then it'd be, 'Gill, about getting married...' I wanted to concentrate on my

### tes \* Reality bites \* Reality bites \* Reality bites \* Re

# Was

GCSE revision, not listen to him saying what a beautiful bride I'd make. One evening I lost it and yelled, 'Shut up, Tone! You're bloody obsessed!' He looked so hurt that I immediately apologised.

But I meant it. He was obsessed and I longed for my old, carefree Tone to come back. Besides, Mum would never have let me marry so young, even if I'd wanted to. I started to dread seeing

loads of lads. 'This is how I should feel at my age,' I thought. 'I wanna have fun, not be tied down.'

### **Bad behaviour**

Being away made me realise I had to finish our relationship. And I decided to do A-levels at a local college, not in the sixth form with Tony. I'd loved him for so long and was sad it had come to this.

Back home, I phoned Tony. 'I'm sorry, Tone,' I stammered. 'Let's just forget it.' He started yelling at me, calling me a slut. You've never loved me. I bet you've slept with loads of blokes on holiday.'

He rang me and begged me to take him back. 'Everything would be alright if only we got engaged,' he sobbed. Then he hung up, so

I assumed that'd be the end of it. Over the next few

weeks, Tony rang three or four times a day, demanding to speak to me. I refused. Then he started sending me letters calling me a slag.

"It frightens me how he changed into a complete stranger"

Tony. It was no fun any more and I made excuses to avoid him.

Then he started getting nasty. 'You must be a lesbian,' he'd shout, 'Or sleeping with another lad behind my back.' He refused to accept I simply wasn't ready to marry.

The final straw came when I went round to Tony's and his mum started spouting on about what an ace idea our marriage was. I yelled, 'It's none of your business!' and burst into tears.

### Too much pressure

'I feel so pressurised,' I confided to Mum. Tony was like a son to her, but even she advised me to have a break from seeing him. So after our GCSE results came out in the summer of '95 I went to Ibiza with a few mates. Tony wasn't

keen on me going, but I was desperate to get away. We went out a lot and I got chatted up by

### **Suicide threats**

A month later, I was alone in the house when Tony knocked on the door, his arms full of flowers. Keeping the chain on, I told him to go away or I'd call the police. But instead of getting nasty, he started crying hysterically, babbling, 'I'll kill myself if you don't take me back!' Terrified, I shut the door and that was the last time I saw him.

A year on, we've heard Tony's seeing a psychiatrist. When I look at photos of us together, happy and smiling, it frightens me how he changed into a complete stranger. I still cry when I think about how much I loved him and how well I thought I knew him."

M you have a real-life experience to share, send it to 'Reality bites', J17, 20 Orange Street, London WC2H 7ED. Please include your phone number in case we have to check any facts. If your story printed we'll pay you up to £50.

# Forever

### Dear Matt.

After breaking up from a relationship I hoped would last forever, I didn't think our friendship would return to normal. It took me a while to deal with us only being mates, but now I love you as a friend. Thank you for standing by me, putting up with me and for being the bestest friend anyone could ever ask for.

Forever Friends

tares

(Bucks)

### One more chance

### Dear Gemma,

Since that day when I lost you, I haven't stopped thinking



about you. I wish I could go back to the old times and be with you again. I hope you can understand how I feel. Perhaps you feel the same way too? I'm begging with all my heart, give me one more

XXXXX

chance and I'll prove how much I love you. I miss your cuddles and will love you forever.

(London) Gary

### **Proud love**

### Dear Rebecca,

The first time I set my eyes on you, I knew you were right for me. I'm proud to say we've been together for over six months

and I love you more each day. My feelings for you will never change because you're the best thing in my life and I've never been so happy. You mean the world to

me and I'll make sure we never ever split. Thinking about you all the time. Love you always.

IETTY

(West London)

### Holding on

### Dear Chris,

The first time saw you, I wanted you to be mine. Now I've got you, I'll never let you go. We've been together for

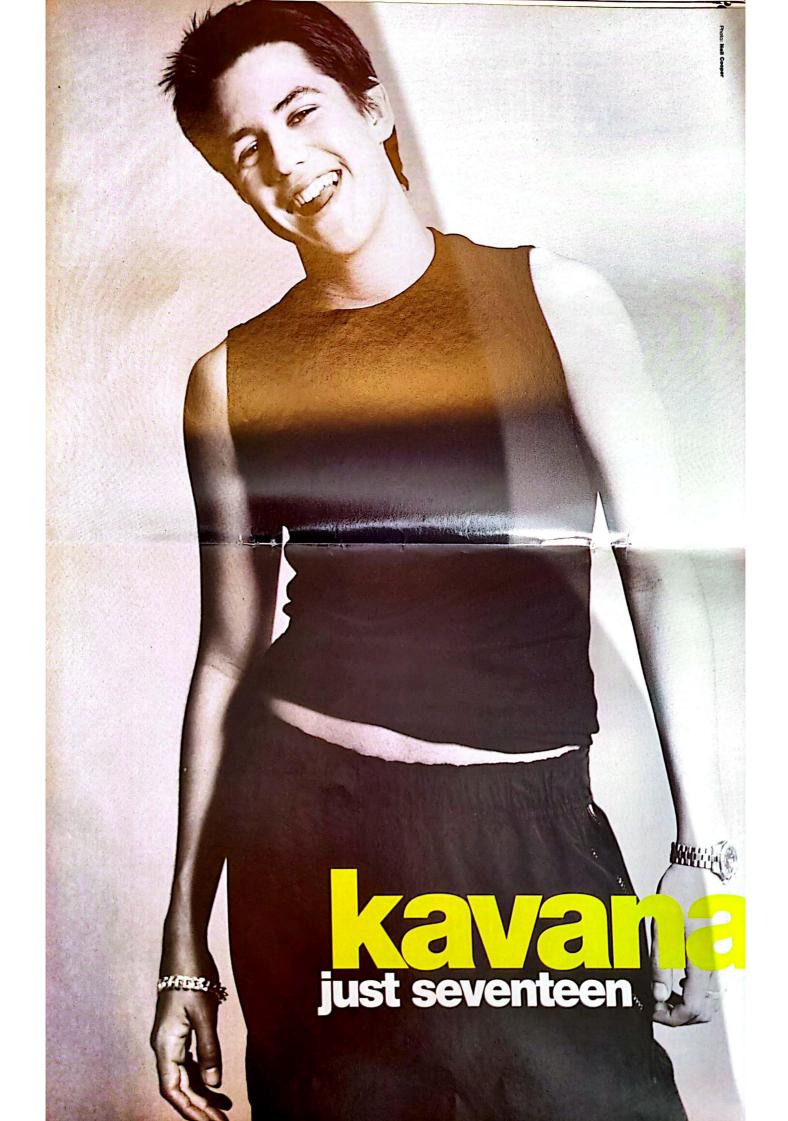
11 months and they've been the best times of my life. You're always there when I need you, even when I'm a pain. There's one thing I know and that's I love you.

(Berkshire) Compensey

nd your letters of love and phot Snogfest', J17, 20 Orange Stre adon, WC2H 7ED.

The writer of the star letter each week wins a bottle of Les Belles de ci for girls who are young, free





# Sou may think

the closest a bloke gets to a seduction technique is pretending to yawn, then putting his arm around you in the cinema. But don't be fooled, girlfriend. Lads have a whole repertoire of sneaky tricks and crafty ploys designed to lure you into their grubby grasp.

### THE SYMPATHY VOTE

This involves anything that plays on your emotions – from pretending he's upset that his footie team's lost, to weeping over the death of his pet budgie. But the fave is that old classic, 'I need to be comforted 'cause another girl's treated me so badly.' 'Poor thing,' you say. 'You look really depressed. I'll sit down and talk to you.' He then undergoes a miraculous recovery and attempts to snog yer face off.

J17 verdict Sneaky, but at least he's showing his sensitive side.

### GETTING INTO THE 'STRIKE ZONE'

Before he makes his move, a lad first has to get close enough. If he's walking ahead of you but turns round and spots you behind him, he'll suddenly bends down to tie up his lace – even though he's wearing loafers!

**J17 verdict** Totally obvious, but sweet.

Dater-maker: Damon Syson Photo: Daniel Halpin Posed by model Thanks to Edgar (wooff)

### TRYING TO GET

Just think: would you buy someone five drinks unless you were hoping for a return on your investment?

**J17** verdict Avoid him like the plague – this boy's bad news.

BEING CRAP
AT THINGS

A good location for this is the local ice-skating rink. After falling over very painfully right in front of you, the bloke looks up appealingly with, 'Couldn't show me how it's done, could you?' You end up skating around hand-in-hand until, oops, he has to put his arms round you to stop himself falling over.

JI7 verdict

worth a snog. He's prepared to humiliate
himself just to win your heart.

PRETENDING TO
BE A GLAMOROUS
FOREIGN TYPE

It doesn't just happen in films, y'know. There really are lads out there who think they can convince you they're from a small village in Tuscany, when in fact they hail from Hartlepool. A few sunbed sessions, some hair gel, a silly accent and bingo! He's a Latin lover.

JIT verdict Grab his wallet when he's not looking and ask casually, "Er, Luigi, why does it say "Colin Smith" on ver bus pass?"

THE WOLF IN SHEEP'S CLOTHING

Beware the lad who acts all effeminate, wears nail varnish, gossips with the girls and gives the impression he's no threat whatsoever. Girls gradually let their guard down and then, bang! Out of the blue, he jumps on them. They're usually so shocked they snog him just out of curiosity.

JIT vertict At least you might be able to borrow his moisturiser.

### HEY, BIG SPENDER

Admit it – given the choice between going out with a doshless boy and one whose wallet resembles a Filofax, the skint lad's got no chance. With this in mind, we're known to save up for weeks in preparation for one night out, when we splash the cash around liberally. In fact, you'll discover on the next date that he spent so much trying to impress you, he has to borrow 50p from you for his bus fare home.

JIT verdict Be careful — If your first meeting was a success, he might rob a bank just so he can see you again!

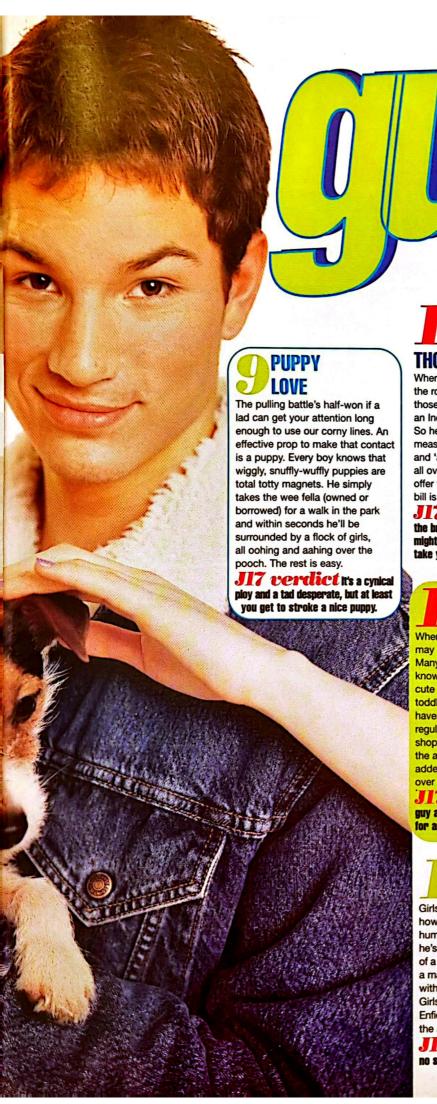
THE TORTURED POET

You find him alone in caffs, wearing glasses, nursing a cappuccino and poring over a Penguin Classic. He'll give the impression of being a deeply clever, 'intriguing' type, who'll write you lovepoems and explain the meaning of words like 'existential'. In reality, when he gets home, he makes himself an orange squash and giggles over the dirty words in Viz.

J17 verdict Why would you wanna snog a boring, swotty type anyway?



30 \* Just Seventeen



LET ME HELP YOU OUT OF THOSE WET CLOTHES

When a guy has to walk across the room to chat to you at a party, those few metres can seem like an Indiana Jones-sized chasm. So he's forced to use desperate measures, like walking past you and 'accidentally' spilling a drink all over you. Well, at least his offer to pay the dry-cleaning bill is an excuse to talk to you!

J17 verdict Look on the bright side — If he's fit, you might be able to persuade him to take you shopping for a new outfit.

OOH BABY BABY

When a puppy's unavailable, a guy may be forced to use another prop. Many a seasoned sharker has been known to borrow his older sister's cute kid (remembering to train the toddler to lisp, 'Uncle Dave, why haven't you got a girlfriend?' at regular intervals), parading it around shopping malls and thus attracting the attention of lots of fit girls. The added bonus is that he comes over as a sensitive kinda guy.

J17 verdict Give the guy a break. Looking after a toddler for an afternoon ain't easy, y'know.

THE LAUGH FACTOR

Girls are always banging on about how they like boys with a sense of humour. But what's a chap to do if he's got a personality like the middle of a Polo? Simple. Why, he persuades a mate to stand next to him and roar with laughter at everything he says. Girls'll assume he's a veritable Harry Enfield and by the time they discover the awful truth, it'll be too late!

**J17 verdict** No laughs, no snogs, that's our motto.

### DON'T BELIEVE

Boy talk

Boys on the tug often hunt in packs. When you've been chatting to a bloke and he goes off to the toilet, his mates will start singing his praises. Stuff like, 'Oh yeah, Pete's a real stud. Everyone at our school fancies him.' Pete'll return his mates' favour at a later date.

J17 repution Forget him. You'd never get to see him without his posse.

### THE MACHO MAN

This lad reckons girls like 'em tough. So he acts the he-man with, 'I don't look for trouble, but if any bloke steps out of line with me or my lady, I'll give him a slap.'

J17 verdict Dork talk!

### PLAYING THE 'SHY' CARD

'Hello, I, er, don't normally do this kind of thing, but I was just wondering, um, if you'd like to dance.' Lads know how flattering it is to pretend that although we're desperately shy, you're soooo attractive we've had to conquer our fear.

J17 verdict Don't be fooled.

### **16** MR Popular

Beware the boy with the mobile phone that rings constantly. He may have paid his little bro' to call him at ten-minute intervals, then have convos about imaginary parties he's been invited to.

J17 verdict If his phone rings that often, he'll be one boring date!

### I'M GIGGS... DEREK GIGGS

Claiming to be related to someone famous is a popular ice-breaker. Lads'll pretend it just happened to come up in conversation, like, 'Nice weather today. By the way, did you know my brother's Ewan McGregor?' He knows you'll put up with him, on the off-chance you might get to meet his, er, big brother.

J17 verdict Demand photographic evidence.

Just Seventeen \* 31

# AIVIERICA'S IVI

CHELSEA CLINTON, THE 16-YEAR-OLD DAUGHTER OF THE US PRESIDENT, HAS BEEN CRITICISED, TEASED AND GENERALLY HUMILIATED BY THE PRESS. BUT HERE AT J17, WE RECKON SHE'S ONE COOL COOKIE...

ight, here's the deal. You've lived in the same house since you were a tot, you're doing well at school (you're Class President) and you even have a hassle-free relationship with your olds. Then everything goes pear-shaped. Your dad gets promoted and you have to move away from your pals, pets and possible dates. Suddenly everyone's chiefing you out about the way you look. Your parents are always busy and you're having a gruesome time with all that puberty business. Chelsea Clinton, this is your life!

Chelsea who? Chelsea Clinton's the daughter of Bill (President of the United States Bill), one of the most important men in the world. Her ma, Hillary, is First Lady. That gives our Chelsea the silly-sounding official title of First Child (making her Chelsea FC, arf!).

Her family leapt to fame in 1992 when Chelsea was 12. Her father, then the governor of Arkansas, won the election to become President of the most powerful country in the developed world. Chelsea and her family had to leave their home of

ten years for the palatial swankness of the White House in Washington DC, and Bill insisted on Chelsea releasing her pet frog into the River Arkansas so the croaky fella could 'live a normal life'. Not surprisingly, she wept buckets,

### PUT THE BOOT IN

From that moment on, Chelsea's life changed radically. Not only did she have to get used to a Secret Service escort constantly following her, but she had to face the world's media. Not since President Carter's

nine-year-old daughter Amy moved into the White House in the '70s had there been, gasp, a young 'un

living in the Prez's pad. Imagine the media attention Boyzone get, times it by ten, and

you have some idea of what Chelsea has to stand up to. And there's five of Boyzone to take the flak.

"ONE JOURNALIST SAID SHE WAS 'FRECKLY AND PRONE TO ACNE, WITH A MOUTHFUL OF CORRECTIVE DENTISTRY"

ol' Chels had TV crews from all around the globe camping outside her window. Afflicted by chronic shyness, she clung to her dad as though her life depended on it whenever she appeared in public, and said as little as possible.

It didn't help that Chelsea was

going through an ug-bug puberty.

With frizzy hair and a fixed brace,



Although Bill 'n' Hill asked the press to lay off their daughter, she was considered fair game. Political commentator Rush Limbaugh held a picture of Socks, the White House cat, up to a TV camera, then one of Chelsea, dubbing dubbed her 'the White House dog'. And she was only 12! Another jaundiced journo said Chelsea was 'freckly and prone to acne, with a mouthful of corrective dentistry'. It's called adolescence, mate. Sympathisers protested with 'Leave Chelsea

refused to go within a miles of a camera, but poor

most of us

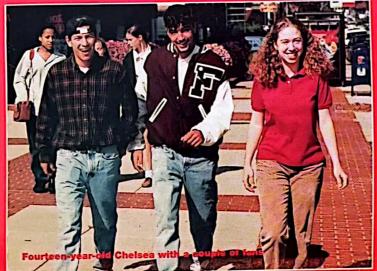
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Alone' banners, but the press refused to give the girl a break.

Everyone predicted Chelsea would grow up corrupted by the media attention, take a walk on the wild side and disgrace her famous family name. But over the last four years, and against all the odds, Chelsea has grown into a stylish, sorted 16-year-old, and we at J17 feel she deserves to be recognised as one of the coolest kids around. Chelsea girl, we salute you.

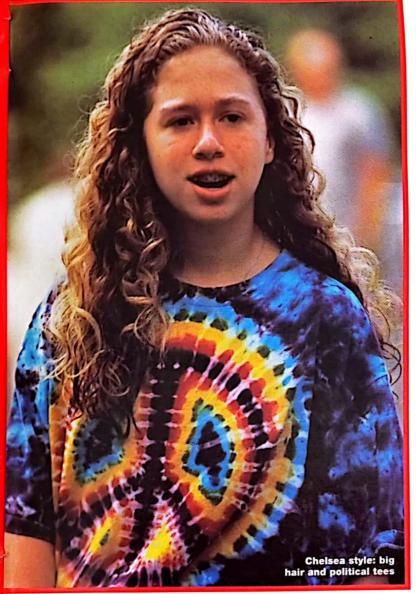


That's showbiz! Chelsea meets
Hollywood star Paul Newman

an: Sarra Photos: Alpha/Associated Press.

### J17 *investigates*

# ST HATED?



### CHILL-OUT STUFF

- Ohelsea's the goalie for a girl's footie team and loves volleyball.
- She gets in touch with her feminine side by being ballet bonkers. Chels has danced in several productions of The Nutcracker and even the hardest press hacks were forced to admit she was pretty impressive.
- She's even up for the odd poker night and loves watching movies in the White House screening room.
- Musically, she digs alternative bands and got Joe Newton from US noiseniks Gashuffer to paint a pic of Pa. The painting shows the Billster in jogging shorts surrounded by Big Macs!
- She hasn't forgotten her pals they regularly get together at the White House for sleep-overs. Bet it's a trek to the kitchen for munchies!

### SUSSED STUFF

- Chelsea larges it, lessonwise. She's so big in the brain department, she was moved up a year at her old school, Booker Arts Magnet in Little Rock, Arkansas.
- Nowadays, she excels at history and 'non-girly' topics like science and maths at the swank Sidwell Friends School in Washington DC.
- Chelsea's currently looking around colleges with her ma, and is expected to get a place at a prestigious university like Harvard or Yale.

### DATING STUFF

- Now she's turned sweet 16, our Chelsea's started dating eligible young lads.
- She was rumoured to be seeing teen actor John Daurer from US soap As The World Turns, and was later spotted with a spunky lad in the Washington DC branch of Planet Hollywood.
- But her path to true love ain't never gonna be easy. She has to take eight Secret Service agents with her wherever she goes and will have to have a bodyguard for the rest of her life. Not much snog potential there then.

### STYLE STUFF

- Chelsea's good at working the casual look. She combines Birkenstocks with cool teeshirts carrying political and environmental slogans.
- OK, so she's been spotted in some pretty frumpy floral frocks too. But all her schoolmates stand up for her, pointing out that she can't exactly get togged up in miniskirts and cropped tops when she's a public figure.
- Chelsea's been chiefed for her big hair - but we think her natural curls rule.



### TURE STUFF

O Her dad's been voted in for another stint as President, so Chels can use the White House as her crash pad 'til she's 20. She isn't likely to follow in her father's footsteps. "All Mom and Dad ever talk about is politics. I'm getting kinda sick of it," she says. Her ambition's to reach for the stars. Not the celeb kind she wants to be an astronaut! O However, when she joined her dad on the campaign trail for his re-election last year, she was greeted with posters declaring 'Chelsea for President 2016'. Watch this space!

# Hit the



re you dying to zap your zits, but worried about upsetting your sensitive skin? If so, you're not alone: loads of teenage girls suffer from skin that's both sensitive and prone to spots.

Alex Vest from: Miss Selfridge

Photo: Andy Neal Hair and make-up:

Now, it's possible to treat your spots with a product suitable for sensitive skin. PanOxyl 2.5 is kind to skin, but effective in fighting spots and mild acne, giving sensitive spot sufferers the best of both worlds.

### Clear skin checklist

✓ Do eat healthily. Chocolate and junk food won't give you spots, but neither does it contain the vitamins you need for clear, healthy skin. Eat fresh veg with your meals and munch on fresh fruit when you're feeling peckish.

X Don't touch your face if you can help it. And you wouldn't dare dream of squeezing your spots, would you now? ✓ Do keep your skin scrupulously clean. Thorough cleansing, morning and night, is a clear skin basic.

X Don't fret too much over the odd spot. They're a totally normal part of being a teenager, and shouldn't stop you from doing anything you want to do.

✓ Do keep your hair clean.
A greasy fringe flopping in your face can eventually lead to pimples.

# Spot

PanOxyl gets
tough on zits,
while being kind
to sensitive skin...

### TOP TEN

Ten reasons to check out the spot-fighting powers of PanOxyl 2.5

If you're one of the 45 per cent of teenage girls who consider themselves to have sensitive skin, some spot treatments can affect your skin, .

Spots always seem to strike when they're least welcome, like just before an important party or first date. Many of the products you might have tried before can leave your skin feeling dry, red and sore – adding to the problem of disguising the spot.

If you think hiding a spot with make-up is difficult, try hiding a patch of red, dry, aggravated skin. It's much more difficult, as concealer will crease and flake when applied to sore patches of skin.

Wherever you suffer from mild acne or common spots – the chest and back are common problem areas – you can use PanOxyl 2.5.

PanOxyl 2.5 is very easy to use. Just apply the gel once daily after cleansing, to the areas affected by spots.

PanOxyl 2.5 is unique: it contains 2.5 per cent of the active ingredient Benzoyl Peroxide, and in recent tests has been shown to be particularly suitable for sensitive skin.

You can trust PanOxyl 2.5 – it contains the spotfighting formula already prescribed by many GPs.

Now, you don't have to visit your doctor to get hold of this medically-approved product – just ask for it over the counter at your local pharmacist.

At £3.10, PanOxyl 2.5 gives kind, effective spotfighting skincare that won't break the bank.

No-one will know you're using PanOxyl 2.5 – it's invisible, and you can wear make-up over the top if you like.





# Whiteout

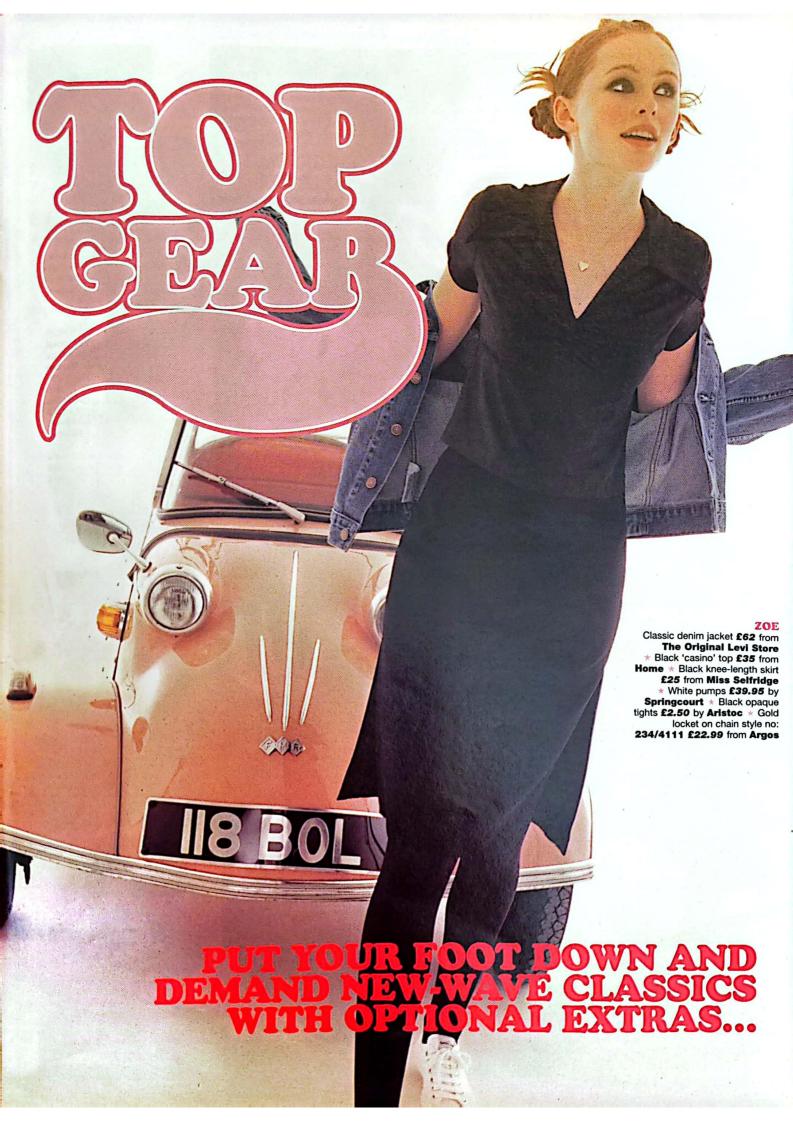
Get bleachy keen with the coolest chill-out gear...

1 Fluffy zip-front cardigan £53 from Sisley 2 Hat with up-turned brim £24 by Kangol 3 Combat trousers £40 from Home 4 Lace-trim thermal vest £9.99 by Damart 5 Hooded sweat top approx £49 from The Original Levi Store 6 V-neck top £39.99 by Diva 7 Trainers £89 from Chipie 8 Clear plastic

jacket filled with polystyrene balls £76.99 by Pepe 9 Stretch hipsters £45.99 by Diva 10 Skinny leather belt from a selection by Otto Glanz 11 Canvas belt approx £10 by Otto Glanz 12 Eye definer £2.75 by Cutex 13 Lasting Colour nail varnish '08' £2.79 by Cutex 14 Powder eyeshadow £1.59 by Rimmel













Best buys, top ideas by the fash crew

t has to be said that Pepe jeans have come up with the coolest range of street style gear

for this Spring/ Summer. True, they're a little bit more costly than the average Oxfam bargain, but they're well worth saving yer dosh for. Baggy jeans (to be worn on the hips), hooded sweats and unisex-style shirts are the pick of the crop. So what are you

waitin' for? House of Fraser, Selfridges, Top Shop/Top Man (Oxford Circus) and most good jeans shops stock a selection of the range.



Red and green check top £32.99

sports shoes with an ultra-

well aware of

they designed a

totally new range of

this when

modern edge. They're very spaceand Bjork'd

Oi, Mads, nooo!

are £64.99, and ankle-high boots are £69.99. Perfect for any Miss Cosmics

out there

just love 'em. Shoes

Stick insects ahoy! One of our fave stores, H&M Hennes have come up with these stylish sketches to illustrate some of the best new looks for Spring. But exactly how thin do they think we mere mortals are? They do come in sizes 8 to 16 though, and as always they aren't gonna break the bank.

dark blue denim overalls with zip £44.99

pink halter

neck

beige suede £99. trousers £74 and print shirt £19.99



id we mention that freak fashion was going to be

a hot new look in the world of celebdom? We don't think so! Still, these starry sorts seem intent on looking strangely scarlet Madonna's more dead than red in what looks like granny's curtains, and as for

Kylle... no, we can't believe it either. Please say it's a temporary hair horror, Kyles





he trusty grannystyle basket has been given a facelift courtesy of Miss Selfridge. These little numbers are just the job for accidentally batting any queue jumpers in the rush for the number 27 (yep grannies do it all the time, honest!). Plus you can stash away more than just homework files in it - there's plenty of room for your lippy and J17 too.

0171-436 0737 @ Aristoc @ Argos 01908 600161

Benetton 0171-731 4564

C&A 0171-629 1244 ∞ Chipie 0171-494 1240/01527 61828

Chunkydory 0181-866 7263 Converse 01372 740 033

**Damart** ≈ 01274 510000 **Diva** 0171-637 0267 © Dr Martens 0171-497 1460\*

Farah 01376 502 345

H Samuels 0181-905 9000 ™ H&M Hennes 0171-255 2031 B Home 39 Beak St, London W1, 0171-287 3708 E Hype DF 48-52 Kensington High St, London W8 0171-938 3801

Kangol 0171-487 4888 **S** Kookai 0171-937 4411 : Komodo 0171-490

**Levis** 01604 790436

Miss Selfridge 0171-436 8280

Otto Glanz 0181-365 1711

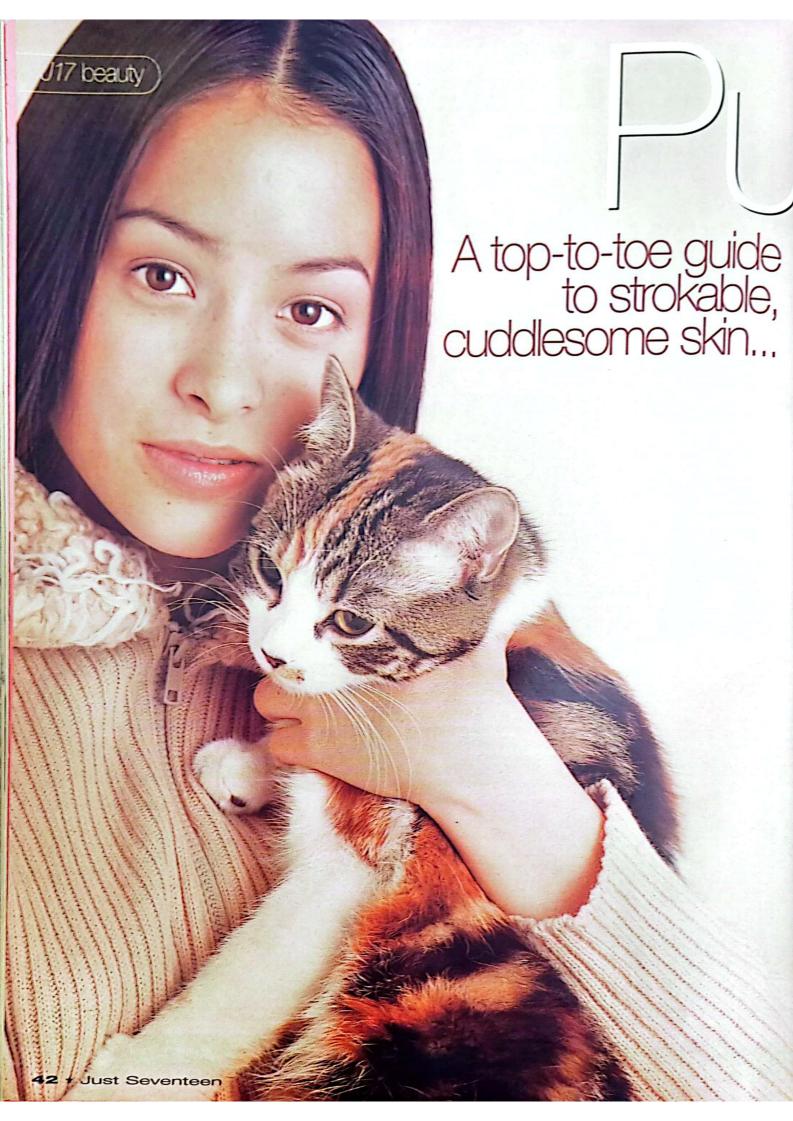
Pamela Mann @ Pepe 0171-836 8666

Red or Dead 0171-379 7571 × Rokit 0181-801 8600

Sisley 0161-929 9259 Stride 0171-607 1843 available from JD Sports, Offspring, Cobra sports Springcourt 0171-379 7856 ≥ Sun and Sand 0171-490 4684

\*Wallis 0181-910

Alpha/London Features/Retna



#### Softly **softly** A few of our smooth-skin favourites Tesco Eaux La Fraiche Body Soak £2.99 balance Ralph Lauren Polo Sport **Boots** Natural Balance Woman, Sculpt In-Shower Body Moisturiser £2.99 Dry Oil Body Spray £17.50 Deci Del Simple Gentle Facial Scrub £3.19 Nina Ricci Deci Dela Perfumed Body Lotion £28 Sainsbury's Nature's Compliments Marine **Extracts Energising** Body Scrub £1.79

to make you sleepy.

- On the whole, bath oils are more moisturising than bubble baths. Beware especially of products which produce zillions of bubbles - the frothiness is fun. but may mean the product is packed full of skin-drying detergent.
- To get the best result from bath products, pour them under the tap while you're running the bath rather than adding them in at the end.
- To soften dry skin on your face while you relax in the bath, apply a thick layer of moisturiser. The warm air in the bathroom will help your skin absorb the moisture.

#### Shower power

Winter skin can get a rough ride: soften up less-thanpeachy skin with a scrub-up shower.

- The shower's the best place to use body scrub - lying in a bathful of grainy lumps is no fun.
- Read the body scrub labels carefully: some have moisturising beads, and some have exfoliating granules,

but they can look exactly the same.

- Don't use body scrub on your face - it's too harsh. A gentle polishing scrub is the most you should use on delicate facial skin.
- To work properly, body scrub has to massaged well over your skin (just slapping it on and rinsing it off won't work!). Use sweeping

motions, always in the direction of your heart.

 Elbows always need special attention - and if you're wearing an outfit that exposes bits which have been hidden for months (like upper arms or midriff) give these an extra scrub to brighten up the skin.

#### Skin **treats**

Make sure the bathroom door stays shut as you wallow in your bath or take a shower - that way the bathroom will be warmer when you step out. Dry yourself, then smooth on some body moisturiser while your skin is still slightly damp. Treat yourself to the body lotion to match your favourite scent and you'll be extra-fragrant as well as extra-soft.



# alking

Who's got the softest skin in the world? Helena Christensen takes the biscuit, according to Michael Hutchence. "She has the most perfectly smooth skin, like 100 per cent Egyptian cotton sheets" said Hutch of Hel (er, before he dumped her).

#### Get soaked

Lounging in the bath is not only the perfect way to pamper yourself, it's also the best effort-free way to soften up. Wise up to top tub tactics:

Keep your soak short and sweet: longer than 15 minutes will actually

dry out your skin. If you start to see that prune-effect on your fingertips, it's time to get out.

• For maximum relaxation, run your bath just above blood temperature. Test the water with your elbow - it should feel warm, not hot. If you're heading out later, keep the bath cool - it's less likely

Just Seventeen \* 43

# Fresh start

Want to know how to make 1997 your most beautiful year yet? Read on to find out...

'Tis the month for New Year resolutions. So start as you mean to go on, with a healthy, balanced diet, exercise and a tip-top daily cleansing regime from Clearasil.

The good news is that working towards clearer skin is easier

than you think. The **Clearasil** daily cleansing routine is quick and simple – it's your ticket towards a better looking, more confident 1997. So stick to your resolutions: being good has never been such a smart idea.

### Your top three clearer skin resolutions

I Clean up your act: a first class cleansing regime is the first step on your way to spotless skin. But for best results, you need to stick to the routine of cleansing morning and night, every day.

2 Hands off: leave your skin alone. Why squeeze and pick when you know

you'll regret it?

3 Don't let the odd
spot get you down:
it's not the end
of the world!

#### Do the right thing: Clearasil's expert guide to daily cleansing

I Choose the Clearasil Medicated Lotion £2.99 that's right for your skin type. If you've got normal and oily skin try the greasy skin formula. Girls who have sensitive skin but still suffer from spots should opt for the sensitive skin formula.

2 Morning and night, secure your hair off your face, wash your hands and sweep a cotton wool ball

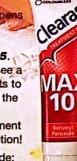
hair off your face, wash your hands and sweep a cotton wool ball moistened with **Clearasii** lotion over your face and neck to remove lurking grime, make-up and bacteria. If you wear eye make-up, it's a good idea to shift this first with eye make-up remover.

Repeat this with a fresh cotton wool ball until your cotton wool is clear of grunge.

4 To soften skin and protect from spot-causing bacteria, follow with Clearasii Medicated Moisturiser £3.59.

#### v strength

everyone. Instead of reaking out, reach for Clearasil Max 10\* £4.25.
Apply it as soon as you see a hint of redness, and it gets to work helping to minimise the life expectancy of the zit.
There's no stronger treatment available without prescription!
\*Contains Benzoyl Peroxide:



always read the label.

make-up: Lizzie

de Clearasil wish you a happy new year!

44 \* Just Seventeen







# Beauty MOST WANTED

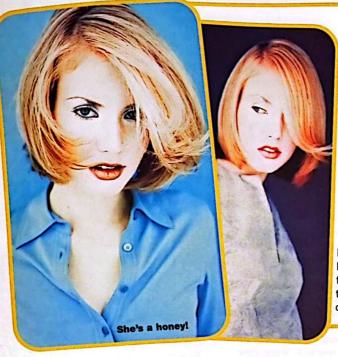
Hot hair and slap tips by Jessie

ive your lips
a complex
a multivitamin
complex,
that is! It's the
ultimate treat
for chapped,
flaky lips. Lip
experts Labello
have added
Vitamin E and
Provitamin B5 to their

Labello Classic lipbalm to give you smoother, suppler lips – fast.

'Cause the vitamins are absorbed directly by your lips, dried-out smackers get brilliant results pronto.
And there's more good news: Labello Classic and Labello Rose,

a lipbalm with a pink tint, cost just £1.19 from good chemists.



### Fair play

Fudge, honey and caramel were the hair colours at the spring catwalk shows. Warm blonde tones are topping the fashion charts, and models Amber Valletta and Georgina Grenville rule the roost with their shiny blonde barnets.

blonde barnets.
Steer clear of
brassy tones, and
head for a soft,
toffee-toned blonde
that flatters your
complexion.

The looks here were created by top colourist Daniel Galvin, whose home-colouring Salon Colour £4.95 in Warm Dark Blonde gives extra richness, softness and shine to blonde and light brown hair.

J17 tip: Have your highlights gone brassy? Try toning 'em down with Alberto V05 Colour Enhancing Shampoo £2.99 in Silver Blonde.

### Pearls of wisdom worth £65 and contains swank

pleased with their new loemint Advanced Whitening Toothpolish that they're giving away eight goodle bags guaranteed to make you smile.

worth £65 and contains swank

Mary Quant Lipstick, Lip Liner
and Lip Mix, silver lipbrush from

Muji, silver compact mirror and

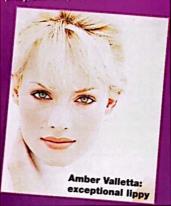
Wisdom travel toothbrush,

as well as **Pearl Drops**Icemint Advanced
Whitening Toothpaste.
To win, send your
name and address
on a postcard to
J17/Pearl
Drops

Drops
Icemint,
PRP14,
PO Box 7,
Folkestone,
Kent CT19
6PG. Winners
will be picked
at random
after 29
February.

### Our favourite's

ancy a slice of catwalk style? There's a new addition to the Elizabeth Arden Exceptional Lipstick range this week. It's a perfect shimmery beige lippy called 'Amber' and supermod Amber Valletta helped create it. At £12.50 it's a tad pricy, but a tiptop investment.



### Reauty Q&A

Longing for style

Why ballet teacher likes
us to keep our hair long
and one length so we can
put it up neatly. I'm dying to
have layers but because of
this I can't! Any ideas how
I can make my one-length
hair look more interesting?
Rebecca (13), Manchester

The good thing about long, hair that's all the same length is that it's easier to put up. And there are loads of cool ways to wear your hair up. Try twisting it into a bun and letting the ends stick out, adding gel to make them extra spiky. Or pile your hair up messily and add cool accessories like fake flowers. You'll find cheap ones in haberdashery sections of department stores.

Break away

My hair's really dry and breaks easily. I always end up with a 'halo' of wispy bits all over my head. Is there anything I can do? Jasmine (14), Sussex

Steer clear of perms or straightening treatments, which can be too harsh for delicate hair, and keep blowdrying to a minimum. Also, be careful of using elastic bands (covered ones are much better) and snap clips. To 'damp down' any frizzy bits, use a shine-spray like **Citre Shine** Shine Mist.

 Don't fret in silence – send your beauty problems to Jessie c/o 'Beauty most wanted', J17, 20 Orange Street, London WC2H 7ED, and she'll solve 'em for you.

Hot tip: foundation looks more natural if you gently buff it with a cotton wool pad

Write to: Anita Naik, Nick Fisher or Annabel G, Advice, Just 17, 20 Orange Street, London WC2H 7ED. It would be helpful if you could include your age and the area you live in. Unfortunately Just 17's Advice columnists cannot answer your problems on the telephone. If you have an urgent problem, please contact ChildLine free on 0800 1111 - we work very closely with them - or Careline on 0181-514 1177 (calls to Careline will be charged at the local rate and will appear on your phone bill).

# He said I was

I've just started sleeping with my boyfriend and it's embarrassing, painful and I hate it. My boyfriend keeps telling me to relax, but I can't 'cause I don't want to do it. I tried telling him, but he said if I didn't try I was always going to be lousy in bed. I was really hurt and told him so. He just said if I was more into it sex would be great. I know it's all my fault, but I don't know what to do. Depressed (16), Dulwich

 This is not 'all your fault'. If sex isn't great the responsibility lies with both partners. Your boyfriend blames you cause he doesn't want to consider the possibility that he might be to blame.

So he's pressurising you to get his way. If he really cared for you, he'd back off and listen to you. Remember, you have the right to say no to sex at any time. If you're not enjoying it - and with this pressure, who could blame you? don't even think about sex with him. You don't deserve such a selfish guy.



### They won't grow up

My parents really get on my nerves. My mum says I ignore her and that I prefer my friends' company to hers', which I admit is true. But my mates don't bug me all the same. He keeps saying I've changed and have become nasty. It feels like they won't let me grow up and have a

life that doesn't involve them. They also won't let me have any privacy and go mad when I won't listen to them. Help! Fed up (14), Bristol

 Lots of parents have a tough time watching their kids grow up. As hard as it is for you to gain independence from them, it's harder for your folks to let go of you. After all, they're used to you doing what they say and being friends with people they approve of. They're not ready for you to have a mind and will of your own.

But you can make life easier by compromising. Spend a bit of time with them now and then. Talk to

them and let them feel a part of your life. Then they won't feel so rejected and won't be so clingy.

He doesn't love me

> I'm madly in love with a boy who doesn't feel the same way about me. He's the most popular boy in school and can have any girl he wants. He never really talks to me unless he wants something and usually ignores me when I say hello. Despite this I love him but I'm frustrated 'cause I know he'll never ask me out. Everyone tells me to forget him, but they just don't understand how I feel. J17 reader (14)

Everyone says 'forget him' because they do understand how you feel. They see how deep your feelings go, and they know how

miserable it's making you. They also see that this boy will never give you what you want. That's why they want to save you from more hurt.

Try to see that part of the reason you're so set on this guy is that he's just not interested - as a result, there's little chance of your fantasy becoming reality. Look at why you love him. If he treats you so badly and ignores you, what

is making you love him? Surely you deserve more than this.

# I want to get

I've been going out with my boyfriend for two years and I desperately want us to get married. He says he loves me, but insists we're too young to marry. But we know we love each other and always want to be together, so why not do it now? My parents and friends are also against it, but this makes me even more determined to show them I'm right. I love him and I want everyone to know we're together. How do I get them to see I'm serious? Michelle (16), Kent

 People don't get married just to 'show' people - they do it because they're ready and sure. Although you are sure you love each other, it doesn't sound like your boyfriend is ready to get married. And who can blame him? At 16, you have

your whole lives ahead of you places to go, things to learn and jobs to get. This doesn't mean he doesn't love you or want to be with you, just that he can't see what the rush is. Surely it's better to get married once you have

some experience and money behind you. Statistically, the later you marry, the more chance there is of it lasting. And isn't that the most important thing?

time. My dad's exactly the

Be sure, be safe and remember sex under 16 is illegal



# Hied about my **virginity**

I told my boyfriend I was a virgin - but I lost my virginity when I was 12. I only had sex once and I totally regretted. I know it was stupid to lie, but I want my boyfriend to like me. Now I'm terrified he'll discover the truth and hate me for it. What can I do? J17 fan (15)

● It's a myth that everyone has to disclose their past encounters to their boyfriends. It's up to you to tell him just what you want him to know. Anyway, this lie isn't about him – it's about you, so it doesn't have the power to hurt him.

Let me reassure you and say that you have nothing to be ashamed of. You had sex and regretted it, so why punish yourself? We all make mistakes. If discovering you're not a virgin puts this guy off, what does this say about him? Think about it!

## **body** talk

#### l have **painful periods**

I have the worst period pain in the world. Every month I get terrible cramps and can't do anything. Sometimes I feel like I'm going to be sick, other times I just have to sleep 'cause I'm so tired. Everyone thinks I'm faking it. Please help. Jill (15)

Period pain usually takes the form of bad cramps and pains in the lower back and abdomen. The medical name for this pain is dysmenorrhoea, and for some people it's so bad it causes them to faint and be sick.

Contrary to popular belief, period pain isn't all in the mind



- it's caused by muscle spasms in the uterus. In milder cases painkillers can help (talk to your pharmacist first), but if your pains are so bad that you can't cope, see your GP for help.

#### Help yourself by...

- Taking hot baths and using a hot water bottle to alleviate cramps.
- Exercising, which causes your body to release endorphins (the body's natural painkiller). This will help you to cope with the cramps.
- Eating plain, simple foods at regular intervals throughout the course of your period, and drinking plenty of water.







For a boy's view on your problems, write to Nick Fisher, Advice, Just 17, 20 Orange Street, London WC2H 7ED. He's happy to answer letters from male readers too.

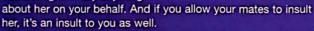
#### Nick Fisher

# They slag off my ex

I've recently been dumped by my girlfriend and it's totally cut me up inside. The worst part is, she got a mate of

hers to break the bad news to me. Because of this, some of my mates have started calling my ex a slag for the way she treated me. In a way this is upsetting me even more. I know she was wrong, but I don't like hearing her insulted like this. What can I do? Tony (15)

● If you want to show how much of a man you really are, tell your mates to leave your ex alone. You have every right to feel hurt that she dumped you in such a shabby way, and you also have every right to tell her so. But no-one else has the right to say anything



Besides, slagging her off won't make you feel better and it won't make any other girls want to trust you. So do stand up for your ex. Learning to forgive and forget gracefully is a great skill.



Recently I split up with my boyfriend of two years. I'm over him now and am seeing another guy. The problem is, my new boyfriend's a mate of my ex, and whenever I mention my ex's name he gets really uptight and jealous. To make things worse, I work with my ex, so avoiding him is impossible. I don't want to lose my new guy, but how can I make him trust me? Confused J17 fan

Your new guy's problems with your ex stem from his own insecurities. He may also be getting stick from his mates. But when it comes down to it, this is really his problem. If you show your boyfriend that you're over your ex and that he's the only man for you, then it's up to him to take the next step.

You can't really do anything except reassure him and make sure he understands the situation. Be open and honest about your own feelings and fears, and don't avoid the subject. Otherwise he might build up resentment or get the wrong picture.

Basically, you can't wave a magic wand and take away his feelings – it's up to him to deal with them and, ultimately, trust you.

#### I can't **satisfy her**

I've been in a relationship with a girl for the last three months and we've had sex a few times. The trouble is, I get so excited that I
ejaculate before anything
really happens. I'd like to
ask a mate about it, but I'm
too scared to admit to it.
But I can't satisfy her and
I'm worried she might dump
me. Please help, as I'm
starting to run out of excuses.
Oasis fan (16)

Sex isn't easy the first few times, and it's perfectly normal to suffer from premature ejaculation. Instead of telling a mate, why not talk to your girlfriend about it? Don't stay silent in the hope that it'll get better. Feeling nervous might make it worse. The best way to deal with it is together. If you're intimate enough for sex, then surely you can trust her with your anxiety.

So instead of attempting sex again, try talking about it first. Stick to petting and touching each other, and don't go too far too soon. After all, you can be a lot more intimate and relaxed by just being close rather than going for the whole thing. Sex isn't a contest, so don't make it into one.

# Love-letter **nightmare**

Lately I've been hanging around with a guy at school and it's obvious how we feel about each other. But all that changed after I tried to send him a love-letter. Because I'm shy, I gave it to a mate of his, but stupidly I didn't make it clear that it wasn't meant for him! As a result, the guy I fancy thinks I like his mate and has gone off me. The whole situation is a big mess and I don't know how to fix it. Nathalie (14)

• As you've discovered the hard way, the love-letter route can be a treacherous one. Sometimes it works, sometimes it doesn't, especially when friends are involved. The easiest way to untangle this love knot is to do what you should've done in the first place – be up-front with this guy and tell him exactly what went wrong. If he likes you the way you think he does, the chances are he'll be delighted to find out it was all a big mistake.

And in future, remember that the more complicated you make things, the more likely they are to be misunderstood. Keep it simple.

#### He rang me **for sex**

I really fancy my brother's mate. Although we haven't got together yet, it's likely that something will happen soon. But there's one thing that's put me off him - a call he made the other day when he was drunk. He basically said how much he fancied me and that he wanted to have sex soon. I didn't know how to react and just changed the subject. I haven't seen him since and don't know whether I should ask him why he made the call in the first place. Worried (15)

● This guy isn't respecting your feelings. Maybe he was drunk – but all the same, it's not a good sign. You need to think carefully before you have anything else to do with him. After all, why does he think he can make such demands? If anything, it suggests he has a low opinion of you.

I know you might feel flattered by his attention, but is this the sort of attention you really want? My advice would be to take things very slowly and carefully if you do decide to see him. Make sure he shows you respect and is nice to you. Don't just let him take you for granted. And don't even think about having sex with him until you're sure you trust him and that he cares for you. Because if sex is performed without love and respect, it can be an experience you'll regret for life. So think long and hard before you accept this boy's clumsy advances.

Be sure, be safe and remember sex under 16 is illegal

# Conformati

Send your sex-related problems to Annabel G, Advice, *Just* 17, 20 Orange Street, London WC2H 7ED. It would be helpful if you could include your age.

#### Annabel G

### Am I **leading** him on?

Do you think it's wrong to start heavy petting and then not go all the way? I enjoy it as far as we go, but I've made it very clear to my boyfriend that I'm not ready to have full sex yet. But he says I'm leading him on. Am I? EastEnders fan (15)

Sounds like you're doing exactly the right thing to me. Lots of young people heavy pet without having intercourse. It's a safe way for those under the legal age of consent to enjoy sex, without breaking the law. And don't forget, you are under 16. The important thing is that you make your sexy intentions clear beforehand, which you obviously did.
Quite frankly, I think your



lad's being unreasonable. After all, you have told him how far you're prepared to go. You've been clear about it and you've been honest. So how can he then accuse you of 'leading him on'? I think he's just trying to pressurise you into going all the way. So continue to stand your ground and don't give in to this transparent behaviour!

Was it an orgasm?

Can you have an orgasm without having intercourse? When my boyfriend and I are heavy petting, I get this brilliant tingly feeling down below. But my sister says you can only have an orgasm if you go all the way. So have I been imagining it all along? Madonna fan, Northumberland

● I've got some good news for you: the 'brilliant tingly feeling' you describe isn't a figment of your imagination and, yes, you can reach orgasm without intercourse. If your boyfriend gently rubs your clitoris – the small, sensitive pealike bump at the top of your vagina – it's quite likely you'll climax. The same goes for DIY pleasure (known as masturbation) – you can achieve the big 'O' all on your own too!

These facts prove you can have loads of fun without the need for intercourse. Which means there's no risk of getting pregnant or catching a sexually transmitted infection. Pretty excellent, eh?

The doc then rotates a swab (a long cotton bud) in your cervix to collect cells. These are transferred to a slide and are later examined in a laboratory. You'll get the results in a few weeks, by post.

In most cases the test is negative – ie, no cancerous cells. But if suspect cells are found, you'll have laser treatment (also painless). Luckily, pre-cancerous conditions are 100 per cent curable. That's why it's so vital to have the test.

#### The seX Files

If you thought girls were self-conscious in the looks department, then getta load of this: the average 16-year-old bloke spends a whopping 45 minutes in the bathroom getting ready for a first date. Well, you sure had us fooled, lads. Ha ha!

#### The seX Files

Boo hiss: a recent teen-sex survey reveals that five out of ten boys don't know what an erogenous zone is! Of course, we sussed girlies know it's any part of the bod that feels deliciously tinglesome when kissed, touched, nibbled, licked... you get the picture. So tell your guy to try your neck and ears for a change!

#### taking the Pill or just wait and see if the spots go away of their own accord? Reeves and Mortimer fan Before you do anything it's y

• Before you do anything, it's vital that you make an appointment with the medical bod who prescribed the Pill for you and see what he or she has to say. If you stop taking the tablets mid-packet and continue to have sex, you may get pregnant.

But all is not lost. If this particular type of Pill is making you look spottier than 101 Dalmatians (and some Pills may have a tendency to do that, y'know), your doctor will be able to prescribe you another Pill brand that will restore your skin to a zit-free zone.

So don't delay, see your doctor today. And for more info on the Pill and any problems you might have, talk to the nice people at the Brook Advisory Centre (0171-713 9000).

#### Smear test facts

Could you tell me what happens when you have a smear test? I'm 17 and on the Pill, and I have to go for my first one soon. I'm scared and need more info. Thanks. Long-time J17 fan

● Don't be scared, m'dear, the test is quick and painless. Your GP or family planning nurse will ask you to remove your knickers and lie down on an examining couch. Blush not, as these medical folk have seen it all before. Then the doctor will gently insert an instrument called a speculum into your vagina. This helps to open your vaginal passage so the doctor can view your cervix. It doesn't hurt, but may feel a bit strange.

#### Feedback

I'm writing to help the girl who got off with a nasty lad at a party ('Confidential', 18 December). She says that after she snogged him, he wanted to go further. When she wouldn't, he called her frigid. Now she wonders if he would've asked her out if she had gone along with him.

I want to say that this girl should stop thinking she's done wrong. He was the stupid one! It's obvious he just wanted sex, so forget him – he's not worth it! AN, Wales

● My sentiments entirely, Miss AN – any lad who expects more than a handshake (well, maybe a snog...) when you first meet is a major prat. Don't let pushy boys make you feel bad. Knowing when to stop shows you're cool, sussed and that you respect yourself. It doesn't mean you're 'frigid' – a stupid word if ever there was one!

# Are my spots Pill-related?

I'm 16 and have been on the Pill for three months. Just recently I've become really spotty, but I've never had acne before. Should I stop

Be sure, be safe and remember sex under 16 is illegal

# Day by day HOROSCOPE

**Potential** snog day

Sun Mon

Little planetary clues

laurus

**Gemini** 

ancer
22 Jun-23 Jul

Virgo

Libra

scorpio

24 Oct-22 Nov

21 Apr-21 May

the worse it il get.

A sweet day at school - all your work comes out just as you hoped it would and sends you way up the class ratings

Don't let anyone talk you out of your good idea today. Not all of your brainstorms are any good, but this one's spot on

Today's worries are best discussed with your mum rather than your mate. The other way round, you think? Well, you're wrong.

Everybody tells you you're wonderful today. Remember, the trick to receiving compliments is to do it

If you don't know whether it's worth the money or not, then the answer has got to be a 'no', hasn't it?

You know what you want to say, and you're sure he wants to hear it, but for some reason you can't get it out. What's going on?

It's never a good time to bring up an old argument, but this is a better moment than most. 'Specially if you want to settle it

You're doing it again. Telling slightly exaggerated versions of the truth which make it sound better Not everyone's fooled.

You've been slogging on for ages without ever knowing whether you were doing the right thing or not until today.

Don't you hate it when people go on and on about something? As far as you're concerned, there's just no argument

but it works a treat

You sly fox. Make a nobody sees what you're doing over there. It's an old trick. Sounds too easy to be true? Dead right it is. There's a certa amount of fibbing going on here. Find out the truth first.

You're in danger of letting your imagination run away with you a little bit. Let's tune into a little reality here, shall we?

love or just lust? Not that you need to but just so you know what you're in for Is this the right

moment to say you respect him as a friend but nothing more? Not if you can't phrase it better than that it isn't. Worrying rumours of a your ears today. But unless it's a doctor who's telling you, don't believe a word of it!

You get the feeling that something ought to be happening between you and him. Actually it already is, in case you haven't noticed.

Things at home that you said you'd do take up much more time than you thought they would. So no time to go out, then.

Let your mate have her big moment of fame Don't try to spoil it for her by rubbishing the idea in front of

everybody else. It never looks quite as good in real life as it does in the picture or the ad - but as long as you know that everything's fine

You'd gladly swap lives with anyone at all today. Theirs must be more interesting than yours, surely? Nah, it'd be just the same. If you carry on meeting

like this someone's going to work out what's going on between you. This could be the last Wishing for what you haven't got at the moment doesn't help It just makes it seem

further away, instead

of bringing it closer.

The truth of Thursday's little scheme shows unknown is a risk. But who dares wins, as they say, and this one suss it out, or are you one of the ones left could be important for the future. looking silly?

Being seen with him ue, or are you just would certainly set all kidding yourself? the tongues wagging But do you actually eal or not, it feels fancy him for himself? far too good to complain, so don't. It matters, you know

OK, it sounds weird,

but at least listen to

what your mate has to

say all the way through

and then decide. She

could be right, y'know.

about that boy that

tingling when you see

gets your senses

him. But you can't

guite work out what

Your parents make

you and your beloved

course. It just happens

to work out that way.

much to learn, so little

time. Life was so much

simpler when you were

younger, eh? You're

Everyone says this

new place is really

yet? Well, then.

good, but you can't

see the attraction. But

Your parents are in that

stupid mood again.

like they're expecting

something from you

but won't say what it

Either do it properly

at things. Strong

Still restless? OK

stars require strong

actions, and all that.

so make changes, but

slowly. The planets

to be different - but

the first move when

you're ready to, but

waiting for you. Grrr.

what they're going to

be, right? Well, you

should recognise this

You like surprises

today everyone's

hanging around

You don't mind making

not demanding it.

or leave it alone. This

is not a day for picking

getting old, you know.

So much to do, so

Not on purpose, of

things difficult for

Easiest money you ever made, right? And the easiest money you ever lost, too. Is there a lesson in all this, d'vou think?

A better moment than Thursday. Actually, you do genuinely like him, and it's easy to say so. which helps. Pity he's not The One, though. Sweet-toothed planet patterns tempt you today. You can't believe how much that pick 'n' mix bag weighs when you check it!

See, told you something was happening between you and him. You both know that you're an item. Or soon will be

A top day when you do precisely nothing or a frustrating day where you can't seem to get going. Depends on your viewpoint.

og potential. It's get yer best frock on.

You're fantastically happy or else in the pit of despair. They sound miles apart, but really the dividing line is very, very thin.

The best chance you'll get this month to escape into the sort of life you want to live. Isn't this what you've longed for all week?

the last time, you know. Actually, you do know, and that's what makes it so special and so sweet

up to your own plane one. But will you like it?

One of the essential truths of life is that the boy who's most unattainable is always the most attractive. Darn!

Cautiously phone him to see if he feels the same way about last night as you do. Will it change the way you view each other?

Do you ever, like ever, put that phone down? Not for meals. Not for visitors Not even for the EastEnders omnibus.

out you're not the firs to have taken it. In ct, everybody who ever been in love has been there before you.

y you sper me sizing up a guy o see if you like him fore making a mov but not this time. This just takes an instant.

A momentous moment at home. You'd be so embarrassed if anyone knew. But you're not planning to tell anybody, are you?

u go along with nates, though you've The lads are, there well, something else.

deserve this you can't imagine, but there's no time to think about that now. Just get vourself out of it.

What you've done to

One of the great things about being Sagittarian is that you can give yourself a good shake when you need one. Sort of like a wet dog.

You're in a mood to and make a new start. Good idea - but be careful, or you'll have nothing left afterwards.

see you today. It's like it's your birthday Well, OK, for some Aquarians it is, but not all of you, surely?

If you've got a reputation, then it'll shatter it, and if you haven't got one it'll give you one. Sounds ike some party!

suggest you could well be one step nearer to your heart's desire today. Only one step, though.

You have a new getserious attitude to your studies today. All very praiseworthy, of course - but how long will it last?

Sometimes you're accused of being shallow, but not today, When a mate needs a shoulder to cry on,

You and he seem to have an understanding between you. There's lots of eye contact, but nothing's said. No need, really,

If you've tried it the new way and it doesn't seem to work very well, try it the old way. It worked before and it'll work again.

Aahh. Not likely to et you on the front page of the paper. but it means plenty you and to him, and

You've been caught out too often to go silly over a boy you just met and you tell yourself so. But you still keep thinking about him.

All-round apology day, starting with your mum 'n' dad, who now admit that they acted hastily before they knew the full story.

How can such a small amount of money make such a big difference? When it means affording it or not. I s'pose

You're being a bit quiet, and there's that look in your eye again. Your mates have seen it before. and they're worried.

It's out now and about him. Which snogging in public.

You need time to recover after a weekend like that. Keep a low profile at school and act normal if poss. Fat chance!

A serious problem pops out of nowhere You can handle it, but it means cancelling everything else. You have no choice.

A deep discussion takes you into certain subjects that you'd rather not talk about. The next question, of course, is why not?

You're not going to do it today. That's not to say that you're not going to do it - just that you're not going to do it today

It had to happen - your folks want an update on the plot of your personal life, 'cause they're getting left behind. Not surprising.

There are such things as unwinnable arguments. Even if you know you're right, don't get started. Just shut up and walk off

Yesterday changed all the rules of the relationship, which is why today seems so difficult. Don't worry, you'll adjust to it.

You've got to admit it, your resistance is crumbling. Usually you have the lads falling at your feet, but now it's the other way round.

Your turn now. Take a step back and undo some of the things you did before, then everyone'll be happy and can move on

cute and he's yours

Sometimes the right answer to a problem is to let yourself be wrong, even if you're actually right. Does

Make sure that what's said about you isn't getting out of hand. You're a lively lass, sure - but stuff like this you don't need.

Sacittarius

quarius



en lucky readers can win a year's subscription (worth £15) to Mark Owen's fab fan club! With lots of Markie goodies for each fan clubber, including a gorge T-shirt, we've got the Green Man himself to sign it all for ya! To win, do this Xword and send it to: J17/Mark Owen, Prize Xword 444, 20 Orange Street, London WC2H 7ED by 7 February 1997

#### ACROSS

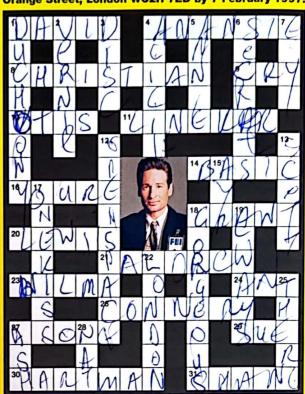
- 1 & 1 down See photoclue (5,8)
- 4 Skunk -
- 8 Sexy Mr Slater, star of Broken Arrow (9)
- 9 No Woman, No (Fugees) (3)
- 10 He's CBCC's aardvark (4)
- 11 Gary from They Think It's All Over (7)
- Instinct (saucy Sharon Stone movie) (5)
- 16 & 18 down Baby Bird's flattering opinion (5,8)
- 18 Hugh attended Four Weddings And A Funeral (5)
- 20 Donna who will love you always forever (5)
- 21 Gwyneth who's Emma (7)
- 23 She's Fred Flintstone's missus (5)
- 24 He's half of a Geordie pop duo (3)
- 26 Sean, the voice of the dragon in Dragonheart (7)
- 27 Be - (Sasha And Maria) (2,3)
- 29 Nicholls who's Audrey in Corrie (3)
- 30 Joanna's surname in Neighbours (7)
- 31 Boyzoner Lynch (5)

#### DOWN

- 1 See 1 across
- 2 Eternal member (6)
- 3 Record (4)
- 4 Silverstone who was Clueless (6)
- 5 Scottish popstar Lennox (5)
- 6 Did Eternal keep these from you? (7)
- 7 That Anywhere Is hitmaker (4)
- 12 Wide (Mansun) (4,5) 13 Fit Mr Wolf from Party Of Five (5)
- 15 Ray creates a Scottish town (anag 3)
- From Heaven (Louise) (3,4)
- 18 See 16 across
- 19 Be My Baby (Mariah Carey) (6)
- 22 East 17's record label (6)
- For You, crooned The 25 I'll Be -
- Rembrandts (5)
- 27 Leslie from Men Behaving Badly (3)
- 28 John Sandford's Brookside character (3)

Crossword answers 442 15 January
ACROSS: 1 Matt Dillon; 7 Open (Arms); 8 Kula
Shaker, 9 Emma 10 (Horace) Brown; 11 Tango;
12 Naked; 14 (Donna) Lewis; 15 Meg Ryan; 17
Nigel; 21 Byker (Grove); 22 Antonio (Banderas);
23 Cat; 24 Mandy (Dingle); 25 (Die) Hard DOWN: 1 Milk; 2 The Lion King; 3 (Ted) Danson; 4 (Steve) Lamacq; 5 (The Hunchback Of) Notre Dame; 6 Sean Maguire; 10 Benji McNair; 13 (Angus) Deayton; 14 (Gary) Lineker; 16 Nobody (Knows)

	YWODD 444
ADDRESS:	
NAME:	





# turn on tune in turn on

The time 9.30pm, Wed 29 January The place C4

The buzz Alien stories and weird



wibblings as reported in the Fortean Times, Makes The X-Files look like Newsnight.

#### Dangerous Minds

The time 9pm, Sat 1 February The place The Disney Channel

The buzz

New series based on the Michelle Pfeiffer flick. **Annie Potts** plays the hero teacher, Skill!



The time 6am/2pm, weekdays from Mon 3 February

The place TCC

The buzz Fantasy heroine Neri, from under the sea, communicates with a 40-ton whale called Charley. Freaky!

#### White Men Can't Jump

The time 10pm, Sun 2 February The place C4

The buzz Wesley Snipes and Woody Harrelson star in this fresh 'n' funky hoop-shooting hoot.



# Soap Central Switch onto our weekly round-up

#### **Coronation Street**

Samantha convinces bookie Sean Skinner he'd like nothing better than to fling people around at a judo class. Joyce gets a pregnancy test for Judy and Ken Barlow has more women problems. This time it's between ex-wife Deirdre and headmistress Sue Jeffers. Aye-up!



#### Neighbours

Whoo! Debbie's making some pretty weird predictions and Karl gets a call from his real father, who turns out to be nuttier than a Snickers bar. Cheryl and Lou's split is upsetting Danni, and Libby's less than happy when Toadie and Billy destroy her video.

#### **Emmerdale**

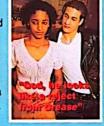
Kathy finds out the results of the blood tests and reckons evil witch Kim should have died in the fire instead of her hubby Dave. And now the news of Kelly Windsor's affair with tasty teacher Tom is out, she's decided to run away from home. Whatta silly girl!

#### **Brookside**

Sinbad's peeved about Nat and Rachel's relationship and starts playing the heavy parent. Meanwhile, Jimmy's job seeking and Mick's dead proud when Leo stands up to Tinhead.

#### Home And Away

Sally's completely smitten by Jesse, but Steph and Liam stick to being just good friends. Selena gets the hots for new-boy-on-the-bay Sebastian, only to discover that he's seriously ill.



#### Hollyoaks

Stan's worried about his lack of girly action, while Tony finds it hard to



forget his summer snogs, 'cause his Ibiza photos have been enlarged for all to see. Jambo traipses round Chester on the trail of Anita and Susi finishes her illiteracy exam.

#### **EastEnders**

Cathy's now frantic with worry about Phil's nonstop drinking (and we're not talking cups of tea). After much snipin' and sulkin' Carol and

Alan manage to have a reasonably sensible chat and the 'stressedout-resident-on-the-square' award goes to the lovely Joe. Again.

#### Food of Love

ho'd have thought it? Grunge queen Courtney Love's rumoured to be up for an Oscar for her role in new movie The People Vs Larry Flynt. She lost 20lbs to play sexy Althea Flynt on a silly-sounding diet of egg whites, tomatoes and tuna. Plus the Courtster and her co-star Woody Harrelson - who plays her hub - had to get a bit tipsy before filming the love scenes!

# film

#### Ransom (15)

Tom Mullen (Mel Gibson) is a rich tycoon who has it all. A pretty wife, a high tech career and a son he adores.

Life couldn't be better until Junior's kidnapped

and an FBI



plan to rescue him goes horribly wrong. Cue Mel in action-hero mode as he runs around frantically trying



to rescue his beloved boy. screen 7 Feb

# video

# Moonlight And Valentino (15)

The deal After becoming a thirty-something widow, Rebecca (Elizabeth Perkins) finds her sis' (Gwyneth Paltrow), stepmum (Kathleen



closest chum (Whoopi Goldberg) rallying round. Finding she's not alone in the personal crisis dept - and with



Turner) and

Jon Bon Jovi as her love interest - it's a flick that'll leave ya warm and gooey! e rent 3 Feb

Pitt, Hollywood heart-throb and mega-star, had a life before he hit the big time. At home in Oklahoma, the Bradster used to drive strippers to their shows and even got dressed up in a chicken suit to promote a fast-food





restaurant. Shows the boy's got pluck!

# tune in tum on tune in tu

# music

Cute Scottish guitar gurus The Diggers release their OK Alright single next week. We bashed lead singer Alan

over the head with a haggis and dragged him off for a chat...

#### **OK Alright** is quite a sad song, isn't it? "Yeah, it's about

splitting up with your girlfriend. Chris from the

band wrote from experience. It's good to get things like that out of your system otherwise you'll just get angry and punch someone."

What's with calling yourself The Diggers? Have you got some kind of building site

> obsession? "No. We're named after a group of people who lived in San Francisco in the '60s. They did street theatre and set up soup

kitchens for the homeless. Bands should do more of that." But you've got a reputation for living

it large haven't you?

#### Album of the week La Lu La Roo D.O.B.

These Japanese popsters have a trick or two up their

sleeves. Not only do they make every kind of music -



from twinkly pop to stompy dance - but their CD is interactive if it's bunged into a computer. Just blag a shot on your mate's Apple Mac and you can join in on tracks.

"Some of the things we get up to would make your toes curl. When you're surrounded by blokes. you get up to loadsa mischief."

#### You're on Oasis' label. Have you met 'em?

"Yup and they're not as rock and roll as us. But I do feel a bit sorry for Liam, he's under an awful lot of pressure."

Aww! What a caring soul!

# Spin It or Bin It









#### Swallowed

Bush are an English band who are bigger than Pavarotti's breakfast in the US.

If you kinda liked Nirvana, but



thought they were a bit rough-sounding, then



you'll love this. And they're easy on the eye too!

#### Michelle Gavle

#### Do You Know

Woah! Confusingly, the beginning of this sounds like an Oasis song, but then 'Chelle chips in and all's well in Gayleland. 'Chelle's obviously been listening to Alanis 'n'

Alisha's tho', 'cause it's

strong woman quitary tip. So it's bye-bye





pop and swing girl, hellooo mature laydee.

#### 911 The Day We Find Love

Valentine's Day's lurking

iust over the horizon, and who better to share it with you



than Lee and co? Listen



to it while you pen your loveydovey cards.



### BOYZONEI

Win this pic, signed by all five + music & CD Player! 0839 404042



#### Win Take That!

Win a CD Player & CD's PLUS this superb signed photo! 0839 404045

#### **Win Peter Andre** TICKETS!! 0839 404043

In concert, Sheffield, March 5! OR win music PLUS a Personal CD player so Peter's there wherever you go! 0839 404044



Win this set of pics signed by the stars! 0839 404048

#### **Win £100 Soan!**

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#### YOUR LUCK AND LOVE IN THE STARS: 1997 What's in your Stars next year? 0839 40405

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Win a Nintendo 64!

'Claims Dept' at: InfolMedia FO Box 28 Northampton MN1 505. Technical Helpline: 01604 732028. Winners Line: 0839 404000.

0839 404058\* Instant Win





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#### **Canned Music!**

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Win Personal Stereos, quartz watches, ghetto blasters, radios, hair styling kits, fashion watches, databanks and cash prizes, up to £5000!

0839 404050\* Instant Win!

#### Just Right!

et the questions right to in instantiy! 0839 404060\*

n a choice of personal stereos, datainks, watches, flash cameras & more!

Ask permission from the person paying the phone bill. Calls cost up to £3. Unless otherwise indicated, competitions dose on 28.2.97. Competitions involve multiple choice ques tions with tiebreaker except where 'Instant Win' is shown. The Pop Five-0 has 10 questions worth 1-10 points each and winners must beat a target score. Instant Win competitions have multiple choice questions plus a game to decide if you are an instant winner. Competitions marked \* require a tone phone. For rules or winners' names, send SAE. Send Prize daims to

# 7 days of groovers 'n' schmoozers



Bianca's well chuffed with what she found on Mark Fowler's stall

Why's this vegetable into grunge? 'Cause it's a smashin' pumpkin. Geddit?



Andy Bell needs some help remembering the lyrics to Erasure's new single at a Radio One recording sesh

# Quick fishi

Gather round and gawp at the constellation of stars our Micheal's rounded up this week...



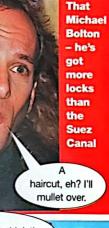






TV quiz Countdown makes a bid for a younger audience by having Sleeper's Louise Wener I've got a 10-letter in Dictionary word, Richard Corner. Statuesque. S'pose it makes a change from Can Richard that? Stilgoe

Call in the alien investigators! Mikey Graham has been abducted and replaced by a clone of Rob Williams

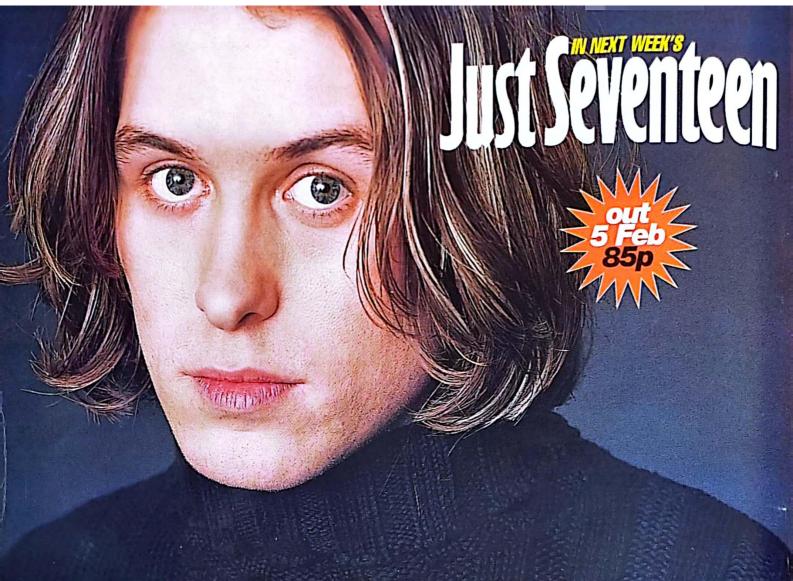


Liv Tyler obviously listened to Breathe by the Prodigy before nipping out to the premiere of That Thing You Do

Inhale! You're

the victim!





# ITARK GITTETT EXCLUSIVE

FROM TAKE THAT TO ALL THAT

PLUS! If you wanna be a lad's lover...
Have you gotta get with his friends?

### **Just Seventeen**

**Teenage vampires**The scandal that's rocked America

Tons of toe-curling true life!
'My mate set me on fire' \* 'Size 16 feet make
my life hell' \* 'Dumped after 1500 miles'